FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Kussell William A						2. Issuer Name and Ticker or Trading Symbol First Watch Restaurant Group, Inc. [ FWRG ]								Relationship of Reporting Processing Pr			ng Per	10% Ov	vner	
(Last)	Last) (First) (Middle) C/O FIRST WATCH RESTAURANT GROU					3. Date of Earliest Transaction (Month/Day/Year) 04/22/2024									below	er (give title /)		Other (s	specify	
INC. 8725 PENDERY PLACE, STE. 201						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
														X Form filed by One Reporting Person  Form filed by More than One Reporting						
(Street)	NTON F	т 3	4201												Perso					
BRADENTON FL 34201					Rule 10b5-1(c) Transaction Indication															
(City) (State) (Zip)					X	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day)						Execution		ate,	3. Transaction Code (Instr. 8)		4. Securities Acquired ( Disposed Of (D) (Instr. 3		ed (A) or str. 3, 4 ar	3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										v	Amount	(A) or (D)	Price	Transa		ction(s) 3 and 4)			(111501. 4)	
Common Stock 04/22/20					024	)24					2,796(1)	D	\$22.	11(2)	1'	7,999		D		
Common Stock 04/22/20					)24				S		5,590(1)	D	\$22.	1(3)	12,409			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)				ition Date,	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration D (Month/Day/		ate	7. Title Amou Secur Under Deriva Secur 3 and	nt of ities lying ative ity (Instr.	Deri Sec	rice of vative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly Or Or Or Or (I)	0. Dwnership orm: Direct (D) or Indirect ) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount or Number of Shares							

## **Explanation of Responses:**

- 1. Transaction pursuant to a 10b5-1 Trading Plan dated May 26, 2023.
- 2. The price reported in Column 4 is a weighted average price for the 2,796 shares. The individual range of sale prices for this transaction is \$21.86 to \$22.64. The reporting owner undertakes to provide to First Watch Restaurant Group, Inc., any security holder of First Watch Restaurant Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of Common Shares sold at each separate price within the range set forth in this Footnote.
- 3. The price reported in Column 4 is a weighted average price for the 5,590 shares. The individual range of sale prices for this transaction is \$21.86 to \$22.65. The reporting owner undertakes to provide to First Watch Restaurant Group, Inc., any security holder of First Watch Restaurant Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of Common Shares sold at each separate price within the range set forth in this Footnote.

## Remarks:

By: /s/ Jay Wolszczak, attorney-in-fact for William A. 04/23/2024 Kussell

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.