



First Watch Restaurant Group, Inc. to Participate in Two September Investor Conferences

August 27, 2026

BRADENTON, Fla., Aug. 27, 2026 (GLOBE NEWSWIRE) -- First Watch Restaurant Group, Inc. (NASDAQ: FWRG) ("First Watch" or the "Company"), the leading Daytime Dining concept serving breakfast, brunch and lunch, today announces it will participate in two investor conferences in September:

- The Company will meet with institutional investors at the Barclays 19th Annual Global Consumer Conference on Wednesday, September 9, 2026 and Thursday, September 10, 2026 in Boston, Mass.
- The Company will also meet with institutional investors and host a fireside chat at Piper Sandler's 5th Annual Growth Frontiers Conference on Tuesday, September 15, 2026, at 1:30 p.m. CT in Nashville, Tenn. The fireside chat will be webcast live at <https://investors.firstwatch.com> in the News & Events section and will be archived on the site shortly after they have concluded.

About First Watch

First Watch is the leading Daytime Dining concept serving made-to-order breakfast, brunch and lunch using the freshest ingredients available. Guided by its "Follow the Sun" culinary philosophy, First Watch's chef-driven menu rotates multiple times per year to feature the highest-quality flavors at their peak, offering elevated executions of classic favorites, fresh juices like the Kale Tonic, and fan favorites such as the Lemon Ricotta Pancakes, Quinoa Power Bowl and signature Million Dollar Bacon. For every kid's meal served, First Watch proudly donates a portion to organizations and causes making a positive impact in our communities – raising approximately \$2.3 million to date. A recipient of many "Best Breakfast" and "Best Brunch" awards, First Watch was voted #1 Best Breakfast by Newsweek's Readers' Choice Awards 2025, and also named 2025 and 2024's #1 Most Loved Workplace® in America by the Best Practice Institute - an accolade most recently featured in The Wall Street Journal - after appearing on the list in 2022 and 2023, as well. With a commitment to quality, hospitality and community, First Watch is redefining Daytime Dining across more than 660 restaurants in 33 states. For more information, visit www.firstwatch.com.

Investor Relations Contact

Steven L. Marotta
941-500-1918
investors@firstwatch.com

Media Relations Contact:

Jenni Glester
407-864-5823
jglester@firstwatch.com