



First Watch Restaurant Group, Inc. to Participate in the Barclays Eat Sleep Play Conference

November 29, 2021

BRADENTON, Fla., Nov. 29, 2021 (GLOBE NEWSWIRE) -- First Watch Restaurant Group, Inc. ("First Watch" or the "Company") (Nasdaq: FWRG), the Daytime Dining concept serving breakfast, brunch and lunch, today announced that Christopher Tomasso, CEO and President, and Mel Hope, Chief Financial Officer, will be hosting a virtual fireside chat at the Barclays Eat Sleep Play Conference on Wednesday, December 1, 2021 beginning at 9:45 a.m. Eastern Time.

The fireside chat will be webcast live from the Company's Investor Relations website at <http://investors.FirstWatch.com> in the News & Events section and will be archived on the site shortly after it has concluded.

About First Watch

First Watch is an award-winning Daytime Dining restaurant concept serving made-to-order breakfast, brunch and lunch using fresh ingredients. A recipient of hundreds of local "Best Breakfast" and "Best Brunch" accolades, First Watch's award winning chef-driven menu includes elevated executions of classic favorites for breakfast, lunch and brunch along with First Watch-specific specialties such as our protein-packed Quinoa Power Bowl®, Farmstand Breakfast Tacos, Avocado Toast, Morning Meditation (juiced in-house daily), our Vodka Kale Tonic, Chickichangas and our famous Million Dollar Bacon. In 2021, First Watch was recognized as FSR Magazine's Best Menu and as the fastest-growing full-service restaurant chain based on unit growth. There are more than 425 First Watch restaurants in 28 states, and the restaurant concept is majority owned by Advent International, one of the world's largest private-equity firms. For more information, visit www.firstwatch.com.

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