



First Watch Restaurant Group, Inc. to Participate in the 24th Annual ICR Conference and the 11th Annual Jefferies Winter Restaurant, Foodservice, Gaming, Lodging & Leisure Summit

January 7, 2022

BRADENTON, Fla., Jan. 07, 2022 (GLOBE NEWSWIRE) -- First Watch Restaurant Group, Inc. ("First Watch" or the "Company") (Nasdaq: FWRG), the Daytime Dining concept serving breakfast, brunch and lunch, today announced that Christopher A. Tomasso, CEO and President, and Mel Hope, Chief Financial Officer, will be hosting a virtual fireside chat at the 24th Annual ICR Conference on Monday, January 10, 2022 at 3:30 p.m. Eastern Time. The fireside chat will be webcast live from the Company's Investor Relations website at <https://investors.firstwatch.com> in the News & Events section and will be archived on the site shortly after it has concluded.

The Company will also be participating at the Jefferies 11th Annual Winter Restaurant, Foodservice, Gaming, Lodging & Leisure Summit, which is being held virtually January 24-25, 2022. The presentation will be webcast live from the Company's Investor Relations website at <https://investors.firstwatch.com> in the News & Events section and will be archived on the site shortly after it has concluded.

About First Watch

First Watch is an award-winning Daytime Dining restaurant concept serving made-to-order breakfast, brunch and lunch using fresh ingredients. A recipient of hundreds of local "Best Breakfast" and "Best Brunch" accolades, First Watch's award winning chef-driven menu includes elevated executions of classic favorites for breakfast, lunch and brunch along with First Watch-specific specialties such as our protein-packed Quinoa Power Bowl®, Farmstand Breakfast Tacos, Avocado Toast, Morning Meditation (juiced in-house daily), our Vodka Kale Tonic, Chickichangas and our famous Million Dollar Bacon. In 2021, First Watch was recognized as FSR Magazine's Best Menu and as the fastest-growing full-service restaurant chain based on unit growth. There are more than 425 First Watch restaurants in 28 states, and the restaurant concept is majority owned by Advent International, one of the world's largest private-equity firms. For more information, visit www.firstwatch.com.

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