



## **First Watch Restaurant Group, Inc. to Participate in Barclays Eat, Sleep, Play Conference**

November 22, 2022

BRADENTON, Fla., Nov. 22, 2022 (GLOBE NEWSWIRE) -- First Watch Restaurant Group, Inc. (NASDAQ: FWRG) ("First Watch" or the "Company"), the leading Daytime Dining concept serving breakfast, brunch and lunch, today announced that Chris Tomasso, Chief Executive Officer and President, and Mel Hope, Chief Financial Officer, will participate in a fireside chat at the Barclays Eat, Sleep, Play Conference on Wednesday, November 30, 2022 at 9:30 a.m. Eastern Time.

The fireside chat will be webcast live at <https://investors.firstwatch.com> in the News & Events section and will be archived on the site shortly after it has concluded.

### **About First Watch**

First Watch is an award-winning Daytime Dining concept serving made-to-order breakfast, brunch and lunch using fresh ingredients. A recipient of hundreds of local "Best Breakfast" and "Best Brunch" accolades, First Watch's chef-driven menu includes elevated executions of classic favorites along with First Watch specialties such as the protein-packed Quinoa Power Bowl®, Farmstand Breakfast Tacos, Avocado Toast, Chickichanga, Morning Meditation (juiced in-house daily), Vodka Kale Tonic and its famous Million Dollar Bacon. In 2022, First Watch was awarded a sought-after MenuMasters honor by Nation's Restaurant News for its seasonal Braised Short Rib Omelet, recognized with ADP's coveted Culture at Work award and named a Top 100 Most Loved Workplace® by Newsweek and the Best Practice Institute. In 2021, First Watch was recognized as FSR Magazine's Best Menu and as the fastest-growing full-service restaurant chain based on unit growth. There are more than 455 First Watch restaurants in 29 states, and the restaurant concept is majority owned by Advent International, one of the world's largest private-equity firms. For more information, visit [www.firstwatch.com](http://www.firstwatch.com).

### **Investor Relations Contact**

Raphael Gross  
203.682.8253  
[Investors@firstwatch.com](mailto:Investors@firstwatch.com)

### **Media Relations Contact**

[FirstWatch@icrinc.com](mailto:FirstWatch@icrinc.com)