FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasnington,	D.C. 20549	

Washington, D.C. 20049	OMB APPR	OVAL
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0287
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0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  HOPE H MELVILLE III					2. Issuer Name and Ticker or Trading Symbol First Watch Restaurant Group, Inc. [ FWRG									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
(Last) (First) (Middle) C/O FIRST WATCH RESTAURANT GROUP, INC. 8725 PENDERY PLACE, STE. 201					3. Date of Earliest Transaction (Month/Day/Year) 05/18/2022									X Officer (give title below) Other (specify below)  CFO and Treasurer					
(Street)  BRADENTON FL 34201  (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)									3. Indiv ∟ine) X	ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
		Table	I - I	Non-Deriva	tive	Secui	rities	Acq	quire	ed, Di	sposed c	f, or	3enefic	ially	Own	ed			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yes			2A. Deemed Execution Dat if any (Month/Day/Ye		n Date	Code (In		ction   I	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			nd 5) Secu Bene Owne		icially d Following	Form (D) o Indir	n: Direct or livect (I)	7. Nature of Indirect Beneficial Ownership		
						[-		ode	v	Amount	(A) or (D)	Price		Repor Transa (Instr.	nsaction(s) str. 3 and 4)		nstr. 4)	(Instr. 4)	
Common Stock 05/18/2022				2			P		2,000	A	\$13.84	38(1)	3,000			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Security or Exercise (Month/Day/Year) if any			cution Date,		Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		rice of vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	,	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Code	v	(A)	(D)	Date ) Exercisab		Expiration Date	Title	Amount or Number of Shares									

## **Explanation of Responses:**

1. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$13.79 to \$13.90, inclusive. The Reporting Person undertakes to provide to First Watch Restaurant Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (1) to this Form 4.

## Remarks:

/s/ Jay Wolszczak, as attorneyin-fact for H. Melville Hope, 05/18/2022 Ш

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.