UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

May 2, 2023

Date of Report (date of earliest event reported)

First Watch Restaurant Group, Inc.

(Exact name of registrant as specified in its charter)

001-40866 (Commission File Number) 82-4271369 (I.R.S. Employer Identification Number)

Delaware (State or other jurisdiction of incorporation or organization)

8725 Pendery Place, Suite 201, Bradenton, FL 34201 (Address of principal executive offices and zip code)

(941) 907-9800

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Secur	ities Act (17 CFR 230.425)
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Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

	Securities registered pursuant to Section 12(b) of the	he Act:
Title of each class	Trading Symbol	Name of each exchange on which registered
Common stock, \$0.01 par value	FWRG	The Nasdaq Stock Market LLC (Nasdaq Global Select Market)

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 12b-2 of the Exchange Act.

Emerging growth company 🛛

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 2.02 - Results of Operations and Financial Condition.

On May 2, 2023, First Watch Restaurant Group, Inc. (the "Company") issued a press release announcing its financial results for the first fiscal quarter ended March 26, 2023. A copy of the release is attached as Exhibit 99.1.

The information furnished pursuant to Item 2.02 and Exhibit 99.1 of this Current Report on Form 8-K shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section. The information in this Current Report shall not be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, whether made before or after the date of this Current Report, regardless of any general incorporation language in the filing.

Item 7.01 Regulation FD Disclosure.

The Company has also posted a supplemental information presentation to its website at investors. firstwatch.com, which is attached as Exhibit 99.2 and incorporated herein by reference.

The information furnished in this Current Report on Form 8-K, including Exhibit 99.1 and Exhibit 99.2, shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section. The information in this Current Report shall not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, whether made before or after the date of this Current Report, regardless of any general incorporation language in the filing.

Item 9.01 - Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description
99.1	Press Release of First Watch Restaurant Group, Inc. dated May 3, 2023
99.2	Supplemental Information Presentation for the first fiscal quarter ended March 26, 2023
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized on this 2nd day of May, 2023.

First Watch Restaurant Group, Inc. (Registrant)

By: Name:

Title:

/s/ Mel Hope Mel Hope Chief Financial Officer and Treasurer



First Watch Restaurant Group, Inc. Reports Strong Q1 2023 Financial Results

Same-restaurant sales growth of 12.9% driven by same-restaurant traffic growth of 5.1% Income from operations margin of 7.4% and restaurant level operating profit margin of 21.2% Net income of \$9.4 million and Adjusted EBITDA of \$27.4 million 10 system-wide restaurants opened across 7 states Raises 2023 Adjusted EBITDA guidance

BRADENTON, FL — May 2, 2023 — First Watch Restaurant Group, Inc. (NASDAQ: FWRG) ("First Watch" or the "Company"), the leading Daytime Dining concept serving breakfast, brunch and lunch, today reported financial results for the thirteen weeks ended March 26, 2023 ("Q1 2023") and raises certain elements of its fiscal year 2023 guidance.

"First Watch delivered yet another strong quarter. Most notably, we continued to differentiate ourselves by driving traffic share with disciplined operational execution as evidenced by our first quarter Restaurant-Level Operating Profit margin of 21.2% and Adjusted EBITDA of \$27.4 million," said Chris Tomasso, First Watch CEO and President. "Despite an increasingly fragile consumer environment, our first quarter performance reaffirms my continued confidence in First Watch's leadership position and our strong consumer value proposition."

Highlights for Q1 2023 compared to Q1 2022*:

- Total revenues increased 22.1% to \$211.4 million in Q1 2023 from \$173.1 million in Q1 2022
- System-wide sales increased 23.6% to \$264.7 million in Q1 2023 from \$214.1 million in Q1 2022 Same-restaurant sales growth of 12.9% (42.0% relative to the first quarter of 2019**)
- Same-restaurant traffic growth of 5.1% (11.7% relative to the first quarter of 2019**)
- Income from operations margin increased to 7.4% during Q1 2023 from 4.5% in Q1 2022 Restaurant level operating profit margin*** increased to 21.2% in Q1 2023 from 19.6% in Q1 2022
- Net income increased to \$12.4 million in Q1 2023 from \$4.6 million, or \$0.08 per diluted share, in Q1 2022 Adjusted EBITDA*** increased to \$27.4 million in Q1 2023 from \$1.9.4 million in Q1 2022
- Opened 10 system-wide restaurants in 7 states resulting in a total of 484 system-wide restaurants (370 company-owned and 114 franchise-owned) across 29 states

* Thirteen weeks ended March 27, 2022 ("Q1 2022")
** Comparison to the thirteen weeks ended March 31, 2019 ("first quarter of 2019") is presented for enhanced comparability due to the economic impact of COVID-19.
** See "Non-GAPF Financial Measures" below

For additional financial information related to the thirteen weeks ended March 26, 2023, refer to the Company's quarterly report on Form 10-Q filed with the Securities and Exchange Commission on May 2, 2023, which can be accessed at https://investors.firstwatch.com in the Financials & Filings section.

Outlook Fiscal Year 2023

The Company raises certain of its guidance for the 53-week fiscal year ended December 31, 2023:

- Total revenue growth in the range of 16.0% to $20.0\%^{(1)}$.
- Adjusted EBITDA* in the range of \$80.0 million to \$85.0 million⁽¹⁾ Updated blended tax rate in the range of 33.0% to 36.0% .
- .

The Company confirms certain of its previous guidance for the 53-week fiscal year ended December 31, 2023:

- •
- Same-restaurant sales growth in the range of 6.0% to 8.0% with positive same-restaurant traffic growth Total of 45-51 new system-wide restaurants, net of 3 company-owned restaurant closures (38 to 42 new company-owned restaurants and 10 to 12 new franchise-owned restaurants) Capital expenditures in the range of \$100.0 million to \$110.0 million invested primarily in new restaurant projects and planned remodels⁽²⁾ .
- •

(1) Includes approximately 1.0% in total revenue growth and approximately \$1.0 million in Adjusted EBITDA associated with May 2023 franchise acqui (2) Does not include the capital outlays associated with the acquisition of franchise-owned restaurants

* We have not reconciled guidance for Adjusted EBITDA to the corresponding GAAP financial measure because we do not provide guidance for the various reconciling items. We are unable to provide guidance for these reconciling items because we cannot determine their probable significantly from period to period. Accordingly, a reconciliation to the corresponding GAAP financial measure is not available without unreasonable effort.

Conference Call and Webcast

Chris Tomasso, Chief Executive Officer and President, and Mel Hope, Chief Financial Officer, will host a conference call and webcast to discuss these financial results for Q1 2023 on May 2, 2023 at 8:00 AM ET.

Interested parties may listen to the conference call via any one of three options:

Dial 412-317-5208, which will be answered by an operator

_ Pre-register by entering your information at this Call meTM link and entering the following Call meTM passcode to receive a direct call for instant access to the event: 6644352 - Join the webcast at https://investors.firstwatch.com/news-and-events/events

The webcast will be archived shortly after the call has concluded.

The following definitions apply to these terms as used in this release:

System-wide restaurants: the total number of restaurants, including all company-owned and franchise- owned restaurants.

System-wide sales: consists of restaurant sales from our company-owned restaurants and franchise-owned restaurants. We do not recognize the restaurant sales from our franchise-owned restaurants as revenue.

Same-restaurant sales growth: the percentage change in year-over-year restaurant sales (excluding gift card breakage) for the comparable restaurant base, which is defined as the number of company-owned First Watch branded restaurants open for 18 months or longer as of the beginning of the fiscal year ("Comparable Restaurant Base"). For the thirteen weeks ended March 26, 2023 and March 27, 2022, there were 328 restaurants and 305 restaurants, respectively, in our Comparable Restaurant Base.

Same-restaurant traffic growth: the percentage change in traffic counts as compared to the same period in the prior year using the Comparable Restaurant Base. For the thirteen weeks ended March 26, 2023 and March 27, 2022, there were 328 restaurants and 305 restaurants, respectively, in our Comparable Restaurant Base.

Adjusted EBITDA: a non-GAAP measure, is defined as net income (loss) before depreciation and amortization, interest expense, income taxes and items that the Company does not consider in the evaluation of its ongoing core operating performance.

Adjusted EBITDA margin: a non-GAAP measure, is defined as Adjusted EBITDA as a percentage of total revenues.

Restaurant level operating profit: a non-GAAP measure, is defined as restaurant sales, less restaurant operating expenses, which include food and beverage costs, labor and other related expenses, other restaurant operating expenses, pre-opening expenses and occupancy expenses. In addition, Restaurant level operating profit excludes corporate-level expenses and items that are not considered in the Company's evaluation of its ongoing core operating performance.

Restaurant level operating profit margin: a non-GAAP measure, is defined as Restaurant level operating profit as a percentage of restaurant sales.

About First Watch

First Watch is an award-winning Daytime Dining concept serving made-to-order breakfast, brunch and lunch using fresh ingredients. A recipient of hundreds of local "Best Breakfast" and "Best Brunch" accolades, First Watch's chef-driven menu includes elevated executions of classic favorites along with First Watch specialties such as the protein-packed Quinoa Power Bow(®, Farm Stand Breakfast Tacos, Avocado Toast, Chickichanga, Morning Meditation (juiced in-house daily), Spiked Lavender Lemonade and its signature Million Dollar Bacon. In 2023, First Watch was named the top restaurant brand in Yelp's inaugural list of the 50 most loved brands in the U.S and recognized as a Customer Experience All-Star by Forbes. In 2022, First Watch was awarded a sought-after MenuMasters honor by Nation's Restaurant News for its seasonal Braised Short Rib Omelet, recognized with ADP's coveted Culture at Work Award and named a Most Loved Workplace® in Newsweek by the Best Practice Institute. In 2021, First Watch was recognized as FSR Magazine's Best Menu and as the fastest-growing full-service restaurant chain based on unit growth. There are more than 480 First Watch restaurants in 29 states, and the restaurant concept is majority owned by Advent International, one of the world's largest private-equity firms. For more information, visit www.firstwatch.com.

Forward-Looking Statements

This release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995, which are subject to known and unknown risks, uncertainties and other important factors that may cause actual results to be materially different from the statements may here than statements of historical fact are forward-looking statements by the fact that they do not relate strictly to any historical or current facts. These statements may include words such as "aim," "anticipate," "believe," "estimate," "expect," "forecast, "future," "intend," outlook, "potential," "ropic," "inplin," "seek," "may," "could," "would," "will," "should," "con," "can have," "likely," the negatives thereof and other similar expressions. You should evaluate all forward-looking statements made in this press release in the context of the risks and uncertainties disclosed herein, in our Annual Report on Form 10-K as of and for the year ended December 25, 2022, including under Part I. Item 14. "Risk Factors" and Part II. Item 7. "Nanagement's Discussion and Analysis of Financial Condition and Results of Operations, and our other filings with the Securities and Exchange Commission (the "SEC"), accessible on the SEC website at https://investors.fitxetath.com/fitancial-information/sec-filings. Important factors that could cause actual results to differ materially from those in the forward-looking statements include the following: uncertainty regarding ongoing hostility between Russia and Ukraine and the related impact on macroeconomic conditions, including resturants, our inability to compete effectively manage our growth; adverse effects of the COVID-19 pandemic or other infectious diseases; potential negative impacts are located; lower than expected same-restaurant sales of origung new restaurants or lower than previously experienced performance en disting restaurants or lower than previously experienced performance in existing and shortages or disruptions in the supply or delivery of such represers. Unondicines and

The forward-looking statements included in this press release are made only as of the date hereof and are expressly qualified in their entirety by these cautionary statements. We undertake no obligation to publicly update or revise any forward-looking statement as a result of new information, future events or otherwise, except as otherwise required by law. All information presented herein is based on our fiscal calendar. Unless otherwise stated, references to particular years, quarters, months or periods refer to our fiscal years and the associated quarters, months and periods of those fiscal years.

Investor Relations Contact

Steve L. Marotta 941-500-1918 investors@firstwatch.com

Media Relations Contact

FirstWatch@icrinc.com

Non-GAAP Financial Measures (Unaudited)

To supplement the consolidated financial statements, which are prepared in accordance with accounting principles generally accepted in the United States of America ("GAAP"), we use the following non-GAAP measures, which present operating results on an adjusted basis: (i) Adjusted EBITDA, (ii) Adjusted EBITDA margin, (iii) Restaurant level operating profit and (iv) Restaurant level operating profit margin. Our presentation of these non-GAAP measures includes isolating the effects of some items that are either nonrecurring in nature or vary from period to period without any correlation to our ongoing core operating performance. These supplemental measures of performance are not required by or presented in accordance with GAAP. Management believes these non-GAAP measures provide investors with additional visibility into our operating statements, help to identify operational trends and allow for greater transparency with respect to key metrics used by management in our financial and operational decision making. Our non-GAAP measures may not be comparable to similarly titled measures used by other companies and have important limitations as analytical tools. These non-GAAP measures should not be considered in isolation or as substitutes for analysis of our results as reported under GAAP as they may not provide a complete understanding of our performance. These non-GAAP measures should be reviewed in conjunction with our consolidated financial statements prepared in accordance with GAAP.

Adjusted EBITDA and Adjusted EBITDA Margin

Management uses Adjusted EBITDA and Adjusted EBITDA margin (i) as factors in evaluating management's performance when determining incentive compensation, (ii) to evaluate the Company's operating results and the effectiveness of our business strategies and (iii) internally as benchmarks to compare the Company's performance to that of its competitors.

The following tables reconcile Net income and Net income margin, the most directly comparable GAAP measures, to Adjusted EBITDA and Adjusted EBITDA margin for the periods indicated:

		THIRTEEN WEEKS	ENDED
(in thousands)	MARC	H 26, 2023	MARCH 27, 2022
Net income	\$	9,360 \$	4,640
Depreciation and amortization		9,117	8,223
Interest expense		1,907	1,006
Income taxes		4,558	2,277
EBITDA		24,942	16,146
Strategic costs (1)		305	450
Stock-based compensation (2)		1,497	2,294
Delaware Voluntary Disclosure Agreement Program (3)		367	_
Transaction expenses, net (4)		253	257
Insurance proceeds in connection with natural disasters, net (5)		(141)	_
Impairments and loss on disposal of assets (6)		134	79
Recruiting and relocation costs (7)		30	76
Severance costs (8)		26	62
Adjusted EBITDA	\$	27,413 \$	19,364
Total revenues	S	211,406 \$	173,112
Net income margin		4.4 %	2.7 %
Adjusted EBITDA margin		13.0 %	11.2 %
Additional information			
	¢	504	500
Deferred rent expense (9)	\$	584 \$	580

(1) Represents costs related to process improvements and strategic initiatives. These costs are recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (2) Represents non-cash, stock-based compensation expense which is recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (3) Represents professional service costs incurred in connection with the Delaware Voluntary Disclosure Agreement Program related to unclaimed or abandoned property. These costs are recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (4) Represents costs incurred in connection with the acquisition of franchise-owned restaurants. In 2022, represents termination fee in connection with the dosure of one company-owned restaurant.
 (5) Represents insurance recoveries, net of costs incurred, in connection with Huricane Ian, which were recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (6) Represents costs incurred for hining qualified individuals. These costs are recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (7) Represents costs incurred for hining qualified individuals. These costs are recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (8) Severance costs are recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (9) Represents the non-cash portion of straight-line rent expense recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (9) Represents the non-cash portion of straight-line

Restaurant level operating profit and Restaurant level operating profit margin

Restaurant level operating profit and Restaurant level operating profit margin are not indicative of our overall results, and because they exclude corporate-level expenses, do not accrue directly to the benefit of our stockholders. We will continue to incur such expenses in the future. Restaurant level operating profit and Restaurant level operating profit margin are important measures we use to evaluate the performance and profitability of each operating profit margin profit and restaurant level operating future spending and other operational decisions. We believe that Restaurant level operating profit and Restaurant level operating profit margin provide useful information about our operating results, identify operational trends and allow for transparency with respect to key metrics used by us in our financial and operational decision-making.

The following tables reconcile Income from operations and Income from operations margin, the most directly comparable GAAP financial measures, to Restaurant level operating profit and Restaurant level operating profit margin for the periods indicated:

		THIRTEEN WEEKS ENDE	EKS ENDED	
in thousands)	MARCH 2	6, 2023	MARCH 27, 2022	
Income from operations	\$	15,331 \$	7,760	
Less: Franchise revenues		(3,438)	(2,443)	
Add:				
General and administrative expenses		22,705	19,563	
Depreciation and amortization		9,117	8,223	
Transaction expenses, net (1)		253	257	
Impairments and loss on disposal of assets (2)		134	79	
Restaurant level operating profit		44,102	33,439	
Restaurant sales		207,968	170,669	
Income from operations margin		7.4 %	4.5 %	
Restaurant level operating profit margin		21.2 %	19.6 %	
Additional information				
Deferred rent expense (3)	\$	534 \$	530	

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(1) Represents costs incurred in connection with the acquisition of franchise-owned restaurants. In 2022, represents a termination fee in connection with the closure of one company-owned restaurant. (2) Represents costs related to the disposal of assets due to retirements, replacements or certain restaurant closures. There were no impairments recognized during the periods presented. (3) Represents the non-cash portion of straight-line rent expense recorded within Occupancy expenses on the Consolidated Statements of Operations and Comprehensive Income.

FIRST WATCH RESTAURANT GROUP, INC. CONSOLIDATED STATEMENTS OF OPERATIONS AND COMPREHENSIVE INCOME (IN THOUSANDS, EXCEPT SHARE AND PER SHARE DATA) (Unaudited)

		THIRTEEN WEEKS ENDED				
	MAI	RCH 26, 2023	MA	RCH 27, 2022		
Revenues:						
Restaurant sales	\$	207,968	\$	170,669		
Franchise revenues		3,438		2,443		
Total revenues		211,406		173,112		
Operating costs and expenses:						
Restaurant operating expenses (exclusive of depreciation and amortization shown below):						
Food and beverage costs		46,627		39,403		
Labor and other related expenses		68,573		55,142		
Other restaurant operating expenses		31,696		27,317		
Occupancy expenses		15,934		14,383		
Pre-opening expenses		1,036		985		
General and administrative expenses		22,705		19,563		
Depreciation and amortization		9,117		8,223		
Impairments and loss on disposal of assets		134		79		
Transaction expenses, net		253		257		
Total operating costs and expenses		196,075		165,352		
Income from operations		15,331		7,760		
Interest expense		(1,907)		(1,006)		
Other income, net		494		163		
Income before income taxes		13,918		6,917		
Income tax expense		(4,558)		(2,277)		
Net income and total comprehensive income	\$	9,360	\$	4,640		
Net income per common share - basic	\$	0.16	\$	0.08		
Net income per common share - diluted	\$	0.15	\$	0.08		
Weighted average number of common shares outstanding - basic		59,243,430		59,048,446		
Weighted average number of common shares outstanding - diluted		60,597,729		59,983,150		

Same-Restaurant Sales Growth and Same-Restaurant Traffic Growth

Thirteen Weeks Ended	Same-Restaurant Sales Growth	Same-Restaurant Traffic Growth	Comparable Restaurant Base
March 26, 2023	12.9 %	5.1 %	328
March 27, 2022	27.2 %	21.9 %	305
March 28, 2021	14.1 %	2.2 %	270





Forward-Looking Statements

Envarid-Looking Statements
In addition to historical information, this presentation may contain a number of "forward-looking statements" as defined the Private Scutties Litigation Reform Act of 1995. Forward-looking statements include, Windhurt initiation, information concerning first Watch Restaurant Group, Inc.? ("First Watch") possible or assumed luture results of operations, new restaurant openings, business strategies, competitive position, industry environment, potential growth opportunities and the effects of regulation. These statements are based on First Watch's current expectations and beliefs, as wells as a number of assumptions concerning future events. When used in this presentation, the word's "estimates," "projected," "expects," and "anticipates," "intrinsdy," "believes," "actes," "actes," "actes," "actes," "actes," "actes," actes," "actes," actes," actes, "actes," actes," actes," actes, "actes," actes," actes, "actes," actes," actes, "actes," actes," actes," actes," actes, "actes," actes," actes," actes, "actes," actes, "actes," actes," actes, "actes," actes, "actes," actes," actes, "actes," actes, "actes," actes, "actes," actes, "actes, actes, actes, and variations of these words o similar expressions and actes actes and brances, he economy and other future market cour inbiality manage our current expectations and samptions research and hanges in accountics. Except as may be required by lus, harvat-looking statements. Important factors that could are adtiguite predicted wents, our unlerability to deficite actes actes and our contentions and consumer preferences, our liability to accessful dy pane new restaurants, acted actes, so and actes, actes actes, and our contentions, and the related impact on markets, our linking to actes actes and our fanchises? Fastormatics of a categorise, actes, actes

Non-GAAP Financial Measures (Unaudited)

To supplement the consolidated financial statements, which are prepared in accordance with U.S. generally accepted accounting principles ("GAAP"), we use certain non-GAAP financial measures, which present operating profit and (iv) Restaurant level operating Restaurant level operating profit and (iv) Restaurant level operations of our ongoing business postal on because tehy exclude terms star and busine of our ongoing operating performance. Restaure for Restaure tehy Restaure terms the comparable to similarly titled measures used by other companies, have important limitations as analytical loois and may not provide a complete understanding of our performance. Restaures should not be considered as an alternative to usels the ortic loss in core Reloss frow operating activities as a measure o

FIRST WATCH







ATASTE OF Q1 Jump Start Seasonal Menu | Jan. 2 – March 12

CALLI-RIZO BREAKFAST TACOS







ATASTE OF Q1 & Q2 Spring Seasonal Menu | March 20 – May 28







BANANAS FOSTER FRENCH TOAST



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Highlights for Q1 2023 compared to Q1 2022*:

- Total revenues increased 22.1% to \$211.4 million in Q1 2023 from \$173.1 million in Q1 2022
- System-wide sales increased 23.6% to \$264.7 million in Q1 2023 from \$214.1 million in Q1 2022
- Same-restaurant sales growth of 12.9% (42.0% relative to the first quarter of 2019**)
- Same-restaurant traffic growth of 5.1% (11.7% relative to the first quarter of 2019**)
- + Income from operations margin increased to 7.4% during Q1 2023 from 4.5% in Q1 2022
- Restaurant level operating profit margin** increased to 21.2% in Q1 2023 from 19.6% in Q1 2022
- Net income increased to \$9.4 million, or \$0.15 per diluted share, in Q1 2023 from \$4.6 million, or \$0.08 per diluted share, in Q1 2022
- Adjusted EBITDA** increased to \$27.4 million in Q1 2023 from \$19.4 million in Q1 2022
- Opened 10 system-wide restaurants in 7 states resulting in a total of 484 system-wide restaurants (370 company-owned and 114 franchise-owned) across 29 states

"Thirteen weeks ended March 27, 2022 ** Comparison to the thirteen weeks ended March 31, 2019 ("first quarter of 2019") is presented for enhanced comparability due to the economic impact of COVID-19 ** See "Non-GAP Financial Measures"

FIRST WATCH

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Outlook for Fiscal Year 2023:

- The Company raises certain of its fiscal year 2023 guidance
 Total revenue growth in the range of 16.0% to 20.0%⁽¹⁾
- .
- Adjusted EBITDA* in the range of \$80.0 million to \$85.0 million⁽¹⁾ Updated blended tax rate in the range of 33.0% to 36.0%

The Company confirms certain of its previous fiscal year 2023 guidance:

- Same-restaurant sales growth in the range of 6.0% to 8.0% with positive same-restaurant traffic growth
- . Total of 45-51 new system-wide restaurants, net of 3 company-owned restaurant closures (38 to 42 new company-owned restaurants and 10 to 12 new franchise-owned restaurants)
- Capital expenditures in the range of \$100.0 million to \$110.0 million invested primarily in new restaurant projects and planned remodels⁽²⁾

(1) Includes approximately 1.0% in total revenue growth and approximately \$1.0 million in Adjusted EBITDA associated with May 2023 franchise acquisition (2) Does not include the capital outlays associated with the acquisition of franchise-owned restaurants

Long Term Outlook:

The Company reiterates its long-term annual financial targets as follows:

- Percentage unit growth in the low double digits
 Same-restaurant sales growth of ~3.5%
- Restaurant sales growth in the mid-teens
- Adjusted EBITDA percentage growth in the mid-teens

The Company also believes that the brand has the potential for more than 2,200 restaurants in the US.

*We have not recorciled guidance for Adjusted EBIDA to the corresponding GAAP financial measure because we do not provide guidance for the various recorcing items. We are unable to provide guidance for these recording items because we cannot determine items are outside of our control and cannot be reasonably predicted due to the fact that these items could vary significantly from period to period. Accordingly, recorcilations to the corresponding GAAP financial measure is not available without unreasonable effort. **FIRST WATCH**

Consolidated Statements of Operations and Comprehensive Income (Loss)



The following table summarizes our results of operations and the percentages of items in our Consolidated Statements of Operations and Comprehensive Income (Loss) in relation to Total revenues or, where indicated, Restaurant sales for fiscal years 2020, 2021, 2022 and the fourth quarter of 2023 and 2022:

	THIR	TEEN WEE	KS ENDED		FISCAL YEAR					
(in thousands)	March 26, 2023		March 27,	2022	202	2	2021		2020	
Revenues										
Restaurant sales	\$207,968	98.4%	\$170,669	98.6%	\$719,181	98.5%	\$592,343	98.5%	\$337,433	98.6%
Franchise revenues	3,438	1.6%	2,443	1.4%	10,981	1.5%	8,850	1.5%	4,955	1.4%
Total revenues	211,406	100.0%	173,112	100.0%	730,162	100.0%	601,193	100.0%	342,388	100.0%
Operating costs and expenses										
Restaurant operating expenses ⁽¹⁾ (exclusive of depreciation and amortization shown below):										
Food and beverage costs	46,627	22.4%	39,403	23.1%	172,561	24.0%	134,201	22.7%	76,975	22.8%
Labor and other related expenses	68,573	33.0%	55,142	32.3%	238,257	33.1%	189,167	31.9%	120,380	35.7%
Other restaurant operating expenses	31,696	15.2%	27,317	16.0%	114,476	15.9%	94,847	16.0%	61,821	18.39
Occupancy expenses	15,934	7.7%	14,383	8.4%	59,919	8.3%	55,433	9.4%	49,450	14.7%
Pre-opening expenses	1,036	0.5%	985	0.6%	5,414	0.8%	3,310	0.6%	3,880	1.1%
General and administrative expenses	22,705	10.7%	19,563	11.3%	84,959	11.6%	70,388	11.7%	46,322	13.5%
Depreciation and amortization	9,117	4.3%	8,223	4.8%	34,230	4.7%	32,379	5.4%	30,725	9.0%
Impairments and loss on disposal of assets	134	0.1%	79	0.0%	920	0.1%	381	0.1%	315	0.1%
Transaction expenses (income), net	253	0.1%	257	0.1%	2,513	0.3%	(1,156)	(0.2%)	(258)	(0.1%
Total operating costs and expenses	196,075	92.7%	165,352	95.5%	713,249	97.7%	578,950	96.3%	389,610	113.8%
Income (Loss) from operations (1)	15,331	7.4%	7,760	4.5%	16,913	2.4%	22,243	3.8%	(47,222)	(13.8%)
Interest expense	(1,907)	(0.9%)	(1,006)	(0.6%)	(5,232)	(0.7%)	(20,099)	(3.3%)	(22,815)	(6.7%
Other income (expense), net	494	0.2%	163	0.1%	910	0.1%	(1,774)	(0.3%)	483	0.1%
Income (Loss) before income taxes	13,918	6.6%	6,917	4.0%	12,591	1.7%	370	0.1%	(69,554)	(20.3%
Income tax (expense) benefit	(4,558)	(2.2%)	(2,277)	(1.3%)	(5,684)	(0.8%)	(2,477)	(0.4%)	19,873	5.8%
Net income (loss) and total comprehensive income (loss)	\$ 9,360	4.4%	4,640	2.7%	\$6,907	0.90%	(\$2,107)	(0.4%)	(\$49,681)	(14.5%)

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Selected Operating Data



	THIRTEEN WE	EKS ENDED	FI	SCAL YEAR	
	March 26, 2023	March 27, 2022	2022	2021	2020
System-wide sales (in thousands)	\$264,719	\$214,121	\$914,816	\$750,674	\$426,303
System-wide restaurants	484	441	474	435	409
Company-owned	370	346	366	341	321
Franchise-owned	114	95	108	94	88
Same-restaurant sales growth	12.9%	27.2%	14.5%	63.0%	(29.0%)
Same-restaurant traffic growth	5.2%	21.9%	7.7%	52.6%	(33.9%)
Average Unit Volume (in thousands) ⁽¹⁾	-		\$2,032	\$1,786	\$1,119
Income (Loss) from operations (in thousands)	\$15,331	\$7,760	\$16,913	\$22,243	(\$47,222)
Income (Loss) from operations margin	7.4%	4.5%	2.4%	3.8%	(14.0%)
Restaurant level operating profit (in thousands) (2)	\$44,102	\$33,439	\$128,936	\$115,404	\$28,236
Restaurant level operating profit margin (2)	21.2%	19.6%	17.9%	19.5%	8.4%
Net (loss) income (in thousands)	\$9,360	\$4,640	\$6,907	(\$2,107)	(\$49,681)
Net (loss) income margin	4.4%	2.7%	0.9%	(0.4%)	(14.5%)
Adjusted EBITDA (in thousands) ⁽³⁾	\$27,413	\$19,364	\$69,278	\$66,301	(\$5,744)
Adjusted EBITDA margin (3)	13.0%	11.2%	9.5%	11.0%	(1.7%)

(1) Average introductor presented on an arrowal basis only income (Loss) from operations pragin, the most comparable GAPP measures to Restaurant level operating profit and Restaurant level operating profit and Restaurant level operating profit margin, are set forth in the schedules within the "Non-GAPP Financial Measures" section (3) Reconciliation from Net income (loss) and Net income (loss) margin, the most comparable GAPP measures to Adjusted EBITDA and Adjusted EBITDA margin, are set forth in the schedules within the "Non-GAPP Financial Measures" section FIFTS WATCH







Same-Restaurant Sales & Traffic Growth

	2023	2022			0 <u>-</u>		2021				
	Q1	Q1	Q2	Q3	Q4	FY	Q1	Q2	Q3	Q4	FY
Same-Restaurant Sales Growth	12.9%	27.2%	13.4%	12.0%	7.7%	14.5%	14.1%	403.5%	46.2%	36.7%	63.0%
Same-Restaurant Traffic Growth	5.2%	21.9%	8.1%	3.7%	(0.6%)	7.7%	2.2%	360.9%	40.1%	31.9%	52.6%
Comparable Restaurant Base	328	305	304	303	301	301	270	270	270	269	269

Pre-opening Expenses**

	2023			2022					2021		
	Q1	Q1	Q2	Q3	Q4	FY	Q1	Q2	Q3	Q4	FY
Other restaurant operating expenses	\$ 654	\$ 648	\$ 563	\$ 813	\$ 1,301	\$ 3,325	\$ 724	\$ 649	\$ 280	\$ 402	\$ 2,055
Occupancy expenses	382	337	531	677	544	\$ 2,089	440	250	230	335	1,255
Total Pre-opening expenses	\$ 1,036	\$ 985	\$ 1,094	\$ 1,490	\$ 1,845	\$ 5,414	\$ 1,164	\$ 899	\$ 510	\$ 737	\$ 3,310

re-opening expenses are presented in one line item on the Consolidated Statements of Operations and Comprehensive Income (

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NON-GAAP FINANCIAL MEASURES

Adjusted EBITDA and Adjusted EBITDA margin

Augusted EBITDA and Adjusted EBITDA margin Management uses Adjusted EBITDA and Adjusted EBITDA margin (i) as factors in evaluating management's performance when determining incentive compensation, (ii) to evaluate the Company's operating results and the effectiveness of our business strategies, (iii) internally as benchmarks to compare the Company's performance to that of its competitors and (v) to provide investors with additional transparency of the Company's operations. The use of Adjusted EBITDA and Adjusted EBITDA margin as performance measures permit a comparative assessment of the Company's performance based on the Company's GAAP results, while isolating the effects of some items that are either nonrecurring in nature or vary from period to period without any correlation to the Company's ongoing core operating performance.

The following tables reconcile Net income (loss) and Net income (loss) margin, the most directly comparable GAAP measures, to Adjusted EBITDA and Adjusted EBITDA margin, respectively, for the periods indicated.

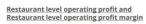
18	THIRTEEN WEEP	FISCAL YEAR				
(in thousands)	March 26, 2023	March 27, 2022	2022	2021	2020	
Net income (loss)	\$9,360	\$4,640	\$6,907	(\$2,107)	(\$49,681	
Depreciation and amortization	9,117	8,223	34,230	32,379	30,72	
Interest expense	1,907	1,006	5,232	20,099	22,81	
Income taxes	4,558	2,277	5,684	2,477	(19,873	
EBITDA	24,942	16,146	52,053	52,848	(16,014	
Strategic transition costs (1)	305	450	2,318	2,402	4,247	
Stock-based compensation (2)	1,497	2,294	10,374	8,596	750	
Delaware Voluntary Disclosure Agreement Program ⁽³⁾	367		149			
Transaction expenses (income), net (4)	253	257	2,513	(1,156)	(258	
Costs in connection with natural disasters, net of insurance recoveries ⁽⁵⁾	(141)		115	(-)		
Impairments and loss on disposal of assets (6)	134	79	920	381	315	
Recruiting and relocation costs (7)	30	76	681	351	228	
Severance costs (8)	26	62	155	265	239	
Loss on extinguishment of debt				2,403		
COVID-19 - related charges (9)				211	4,749	
Adjusted EBITDA	\$27,413	\$19,364	\$69,278	\$66,301	(\$5,744	
Total revenues	\$211,406	\$173,112	\$730,162	\$601,193	\$342,38	
Net loss (income) margin	4.4%	2.7%	0.9%	(0.4)%	(14.5)9	
Adjusted EBITDA Margin	13.0%	11.2%	9.5%	11.0%	(1.7)9	
Additional information						
Deferred rent expense (income) (10)	\$584	\$580	\$2,418	(\$2,011)	\$10,08	

(1) Represents costs related to the assessment and redisign of our systems and processes. In 2021, the costs also include information technology support and external professional service costs incurred in connection with IPO-readiness efforts.
 (2) Represents (no-cash, stock based compensation experime.
 (3) Represents (no-cash, stock based compensation experime expension of the case-end extenders (No-cash extender to expension) expension.
 (3) Represents (no-cash, stock based compensation expension of the case-end extenders (No-cash extender to expension) expension.
 (4) Represents (no-cash) extender to exten

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NON-GAAP FINANCIAL MEASURES



Restaurant level operating profit margin Restaurant level operating profit and Restaurant level operating profit margin are not indicative of our overall results, and because they exclude corporate-level expenses, do not accrue directly to the benefit of our stockholders. We will continue to incur such expenses in the future. Restaurant level operating profit and Restaurant level operating profit margin are important measures we use to evaluate the performance and profitability of each operating restaurant, individually and in the aggregate and to make decisions regarding future spending and other operating profit and Restaurant level operating profit margin provide useful information about our operating results, identify operational trends and allow for transparency with respect to key metrics used by us in our financial and operational decision-making. The following tables reconcile Income (Loss) from

The following tables reconcile Income (Loss) from operations and Income (Loss) from operations margin, the most directly comparable GAAP financial measures, to Restaurant level operating profit and Restaurant level operating profit margin, respectively, for the periods indicated.

(in thousands)	THIRTEEN WEEKS ENDED		FISCAL YEAR		
	March 26, 2023	March 27, 2022	2022	2021	2020
Income (Loss) from operations	\$15,331	\$7,760	\$16,913	\$22,243	(\$47,222)
Less: Franchise revenues	(3,438)	(2,443)	(10,981)	(8,850)	(4,955
Add:					
General and administrative expenses	22,705	19,563	84,959	70,388	46,322
Depreciation and amortization	9,117	8,223	34,230	32,379	30,725
Transaction expenses (income), net ⁽¹⁾	253	257	2,513	(1,156)	(258)
Impairments and loss on disposal of assets (2)	134	79	920	381	315
Costs in connection with natural disasters (3)			382		
COVID-19 related charges (4)		-	-	19	3,309
Restaurant level operating profit	\$44,102	\$33,439	\$128,936	\$115,404	\$28,236
Restaurant sales	\$207,968	\$170,669	\$719,181	\$592,343	\$337,433
Income (Loss) from operations margin	7.4%	4.5%	2.4%	3.8%	(14.0%)
Restaurant level operating profit margin	21.2%	19.6%	17.9%	19.5%	8.4%
Additional information					
Deferred rent expense (income) (5)	\$534	\$530	\$2,219	(\$2,075)	\$10,029

(1) Regressents (i) revaluations of contingent consideration payable to previous stochholders for tax savings generated through the use of federal and state loss carryforwards and general business credits that had be contract terminations, (ii) costs incurred in connection with the acquitions of incrimise-wine frequencies, (iii) costs incurred in connection with the acquition of incrimise-wine frequencies, (iii) costs incurred in connection with the acquition of incrimise-wine frequencies, (iii) costs incurred in connection with thermal terminations, (iii) costs incurred in connection with thermal terminations, (iii) costs incurred in connection with the acquite distribution of the acquite state of the acquite 017. (ii) ga

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The following definitions apply to these terms as used in this presentation:

Adjusted EBITDA: a non-GAAP financial measure, is defined as net income (loss) before depreciation and amortization, interest expense, income taxes and items that the Company does not consider in the evaluation of its ongoing core operating performance.

Adjusted EBITDA margin: a non-GAAP financial measure, is defined as Adjusted EBITDA as a percentage of total revenues.

Average Unit Volume: the total restaurant sales (excluding gift card breakage) recognized in the comparable restaurant base, which is defined as the number of company-owned First Watch branded restaurants open for 18 months or longer as of the beginning of the fiscal year ("Comparable Restaurant Base"), divided by the number of restaurants in the Comparable Restaurant Base during the period. This measurement allows management to assess changes in consumer spending patterns at our restaurants and the overall performance of our restaurant base.

Restaurant level operating profit: a non-GAAP financial measure, is defined as restaurant sales, less restaurant operating expenses, which include food and beverage costs, labor and other related expenses, other restaurant operating expenses, pre-opening expenses and occupancy expenses. Restaurant level operating profit excludes corporate-level expenses and items that are not considered in the Company's evaluation of its ongoing core operating performance.

Restaurant level operating profit margin: a non-GAAP financial measure, is defined as Restaurant level operating profit as a percentage of restaurant sales.

Same-restaurant sales growth: the percentage change in year-over-year restaurant sales (excluding gift card breakage) for the Comparable Restaurant Base.

Same-restaurant traffic growth: the percentage change in traffic counts as compared to the same period in the prior year using the Comparable Restaurant Base.

System-wide restaurants: the total number of restaurants, including all company-owned and franchise-owned restaurants.

System-wide sales: consists of restaurant sales from our company-owned restaurants and franchise-owned restaurants. We do not recognize the restaurant sales from our franchise-owned restaurants as revenue.

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