SEC Form 4 FORM 4 UNITED S	STATES S	ECURITIE	S AN	DE	XCHAN	GE CO	OMN	ISSIO	N			
Washington, D.C. 20549									OMB APPROVAL			
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	Filed pursuan	<b>IT OF CHANGES IN BENEFICIAL OWN</b> pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940						SHIP	Estin	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
1. Name and Address of Reporting Person* HOPE H MELVILLE III		2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>First Watch Restaurant Group, Inc.</u> [FWRG ]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below)				
(Last) (First) (Middle) C/O FIRST WATCH RESTAURANT GROUP, INC. 8725 PENDERY PLACE, STE. 201		3. Date of Earliest Transaction (Month/Day/Year) 03/09/2023							CFO and	1 Treasurer		
6/25 PENDERY PLACE, STE. 201	4. If Ar	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street) BRADENTON FL 34201								X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)												
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3) Date (Month/Da		Execution Date,		Transaction Disposed Code (Instr. 5)		ies Acquired (A) Of (D) (Instr. 3, 4		Benefi	ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s)			(1150.4)	
Common Stock 0	)3/09/2023		A		51,546(1)	Α	\$ <mark>0</mark>	54	4,546	D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative (Instr. 3)         2. Conversion or Exercise Price of Derivative Security         3. Transaction Date (Month/Day/Year)         3A. Deemed Execution D if any (Month/Day/Year)	Date, Transac Code (In		6. Date Expirati (Month/	ion Da		7. Title an Amount o Securities Underlyin Derivative Security (1 3 and 4)	f g	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownershi (Instr. 4)	

Title

in-fact

Amount or Number of Shares

\*\* Signature of Reporting Person

/s/ Jay Wolszczak, as attorney-03/13/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $\ast$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Explanation of Responses:

**Remarks:** 

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code v

1. Represents restricted stock units which vest in three equal annual installments beginning on March 9, 2024, subject to earlier forfeiture or acceleration.

(A) (D)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Date Exercisable

Expiration Date