SEC Form	4
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Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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	OMB Number:	3235-0287							
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l	hours per response:	0.5							

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addrest Sorensen Lau	es of Reporting Persor Tra Anne	ı `	2. Issuer Name and Tic First Watch Rest]		i Symbol r <u>oup, Inc.</u> [FWRG		tionship of Reportir all applicable) Director Officer (give title	10% C Other)wner (specify	
(Last) C/O FIRST WA	(First) ICH RESTAURAN	(Middle) NT GROUP,	3. Date of Earliest Trans 03/12/2024	saction (Mont	h/Day/Year)	Chief People Officer)	
INC. 8725 PENDERY	PLACE, STE. 20	1	4. If Amendment, Date	of Original File	ed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applica Line) X Form filed by One Reporting Person				
(Street) BRADENTON	EI	34201				А	Form filed by Mo Person			
	ГL		Rule 10b5-1(c) Transaction Indication							
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1. Title of Security	(Instr. 3)	2. Transactio Date (Month/Day/	Execution Date,	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	

		(WOIIII/Da	ly/rear)	0)						Reported		Instr. 4)	
					Code	v	Amount	(A) or (D)	Price	Transa	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock		03/12/202	24		S ⁽¹⁾		2,096	D	\$24.43	²⁾ 7	0,248	D	
	Та	ble II - Derivativ (e.g., put	ve Securities ts, calls, war				,			Owne	d		
4 THIS OF 0	2 Transation	24 Deamond	م اد ا	Number			alaahla and	7 7:410		Duine of	0 Number		44 Natur

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv	rities lired r osed) r. 3, 4	6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Titl Amou Secur Unde Deriv Secur 3 and	int of rities rlying ative rity (Instr.	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Represents the number of shares sold by First Watch Restaurant Group, Inc. on behalf of the reporting owner, which sale is mandatory pursuant to First Watch Restaurant Group, Inc.'s policies to cover necessary tax withholding obligations in connection with the vesting of restricted stock units. Such sales do not represent a discretionary trade by the reporting owner.

2. The price reported in Column 4 is a weighted average price for the 2,096 shares. The individual range of sale prices for this transaction is \$24.27 to \$24.43. The reporting owner undertakes to provide to First Watch Restaurant Group, Inc., any security holder of First Watch Restaurant Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of Common Shares sold at each separate price within the range set forth in this Footnote.

Remarks:

/s/ Jay Wolszczak, as attorney-

in-fact for Laura Anne

03/14/2024

Date

Sorensen ** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.