SEC Form 4	
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Instruction 1(b).

## FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

APPROVAL
AFFINOVAL

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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*         HOPE H MELVILLE III         (Last)       (First)         (Middle)			] 3	. Date of Earliest Tran	taurant G	roup, Inc. [ FWRG	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below)			
C/O FIRST WA	C/O FIRST WATCH RESTAURANT GROU			03/12/2024		CFO and Treasurer				
INC. 8725 PENDERY PLACE, STE. 201				. If Amendment, Date	of Original File	ed (Month/Day/Year)	Line)	idual or Joint/Grou		
							X Form filed by One Reporting Person			
(Street)	<b>FI</b>	24201						Form filed by Mo Person	re than One Re	porting
BRADENTON	FL	34201	F	Rule 10b5-1(c)	) Transad	ction Indication	-			
(City)	(State)	(Zip)	[			isaction was made pursuant t tions of Rule 10b5-1(c). See I			en plan that is int	ended to
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
							7. Nature of Indirect			

	(Month/Day/Year)	if any (Month/Day/Year)	Code ( 8)	Instr.	ļ			Beneficially (D) o Owned Following (I) (In Reported		Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	03/12/2024		<b>S</b> <sup>(1)</sup>		4,502	D	\$24.43 <sup>(2)</sup>	82,315	D	
r										

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)	saction of			of Expiration Date Derivative (Month/Day/Year) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4		Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					

## Explanation of Responses:

1. Represents the number of shares sold by First Watch Restaurant Group, Inc. on behalf of the reporting owner, which sale is mandatory pursuant to First Watch Restaurant Group, Inc.'s policies to cover necessary tax withholding obligations in connection with the vesting of restricted stock units. Such sales do not represent a discretionary trade by the reporting owner.

2. The price reported in Column 4 is a weighted average price for the 4,502 shares. The individual range of sale prices for this transaction is \$24.26 to \$24.43. The reporting owner undertakes to provide to First Watch Restaurant Group, Inc., any security holder of First Watch Restaurant Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of Common Shares sold at each separate price within the range set forth in this Footnote.

## Remarks:

<u>/s/ Jay Wolszczak, as attorney-</u> in-fact for H. Melville Hope 03/14/2024 III

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.