UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

May 7, 2024

Date of Report (date of earliest event reported)

First Watch Restaurant Group, Inc.

(Exact name of registrant as specified in its charter)

001-40866 (Commission File Number) 82-4271369 (I.R.S. Employer Identification Number)

Delaware (State or other jurisdiction of incorporation or organization)

8725 Pendery Place, Suite 201, Bradenton, FL 34201 (Address of principal executive offices and zip code)

(941) 907-9800

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 unde	er the Securities Act (17 CFR 230.425)
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Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

	Securities registered pursuant to Section 12(b) of the	e Act:
Title of each class	Trading Symbol	Name of each exchange on which registered
Common stock, \$0.01 par value	FWRG	The Nasdaq Stock Market LLC (Nasdaq Global Select Market)

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 12b-2 of the Exchange Act.

Emerging growth company 🛛

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 2.02 - Results of Operations and Financial Condition.

On May 7, 2024, First Watch Restaurant Group, Inc. (the "Company") issued a press release announcing its financial results for the first fiscal quarter ended March 31, 2024. A copy of the press release is attached as Exhibit 99.1.

Item 7.01 Regulation FD Disclosure.

The Company has also posted a supplemental information presentation to its website at investors. firstwatch.com, which is attached as Exhibit 99.2 and incorporated herein by reference.

The information furnished in this Current Report on Form 8-K, including Exhibit 99.1 and Exhibit 99.2, shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section. The information in this Current Report shall not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, whether made before or after the date of this Current Report, regardless of any general incorporation language in the filing.

Item 9.01 - Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description
99.1	Press Release of First Watch Restaurant Group, Inc. dated May 7, 2024
99.2	Supplemental Information Presentation for the first fiscal quarter ended March 31, 2024
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized on this 7th day of May, 2024.

First Watch Restaurant Group, Inc. (Registrant)

By: Name:

/s/ Mel Hope Mel Hope Chief Financial Officer and Treasurer Title:



First Watch Restaurant Group, Inc. Reports Strong Q1 2024 Financial Results

Total revenues increased 14.7%; same-restaurant sales growth of 0.5%*

Income from operations margin of 5.1% and restaurant level operating profit margin of 20.8% Net income of \$7.2 million and Adjusted EBITDA of \$28.6 million

9 system-wide restaurants opened across 8 states

BRADENTON, FL - May 7, 2024 - First Watch Restaurant Group, Inc. (NASDAQ: FWRG) ("First Watch" or the "Company"), the leading Daytime Dining concept serving breakfast, brunch and lunch, today reported financial results for the thirteen weeks ended March 31, 2024 ("Q1 2024").

"First Watch posted another solid quarter with positive same restaurant sales", traffic trends that improved sequentially through the quarter and year-over-year adjusted EBITDA growth," said Chris Tomasso, First Watch CEO and President. "We continue to focus on delivering exceptional experiences for our customers and our employees validated by customer experience scores that have never been higher and continued improvement in employee turnover. We remain confident in our long-term growth prospects driven by our proven portability and a total addressable market more than three times our current size.

Highlights for Q1 2024 compared to Q1 2023:

- Total revenues increased 14.7% to \$242.4 million in Q1 2024 from \$211.4 million in Q1 2023
- System-wide sales increased 9.4% to \$289.6 million in Q1 2024 from \$264.7 million in Q1 2023 Same-restaurant sales growth of $0.5\%^*$ and same-restaurant traffic growth of $(4.5)\%^*$

- Same-restaurant sales growin of 0.5% and same-restaurant utanic growin of (4.5%) Income from operations margin decreased to 5.1% during Q1 2024 from 7.4% in Q1 2023 Restaurant level operating profit margin" decreased to 20.8% in Q1 2024 from 21.2% in Q1 2023 Net income decreased to \$7.2 million, or \$0.12 per diluted share, in Q1 2024 from \$9.4 million, or \$0.15 per diluted share in Q1 2023 Adjusted EBITDA** increased to \$28.6 million in Q1 2024 from \$27.4 million in Q1 2023
- Opened 9 system-wide restaurants in 8 states resulting in a total of 531 system-wide restaurants (432 company-owned and 99 franchise-owned) across 29 states

* Comparing the thirteen-week periods ended March 31, 2024 and April 2, 2023 in order to compare like-for-like periods ** See "Non-GAAP Financial Measures" below

For additional financial information related to thirteen weeks ended March 31, 2024, refer to the Company's quarterly report on Form 10-Q filed with the Securities and Exchange Commission on May 7, 2024, which can be accessed at https://investors.firstwatch.com in the Financials & Filings section.

Updated Outlook Fiscal Year 2024

Based upon first quarter results and current trends, management provides the following updated outlook for the 52-week fiscal year ending December 29, 2024:

- .
- Same-restaurant sales growth in a range of flat-to-up 2.0% with same restaurant traffic growth in the negative low single digits. Total revenue growth in the range of 17.0% to 19.0%⁽¹⁾. Total of 51 to 57 new system-wide restaurants, net of 1 company-owned and 1 franchise-owned restaurant closure (44 to 48 new company-owned restaurants and 9 to 11 new franchise-owned restaurants).

Management confirms the following guidance for fiscal 2024:

- .
- Adjusted EBITDA⁽²⁾ in the range of \$106.0 million to \$112.0 million⁽¹⁾ Blended tax rate in the range of 27.0% to 29.0% Capital expenditures in the range of \$125.0 million to \$135.0 million invested primarily in new restaurant projects and planned remodels⁽³⁾ •

(1) Includes approximately 7.0% in total revenue growth and approximately \$12.0 million in Adjusted EBITDA associated with completed acquisitions (2) We have not reconciled guidance for Adjusted EBITDA to the corresponding GAAP financial measure because we do not provide guidance for the various reconciling items. We are unable to provide guidance for these reconciling items because we cannot determine their probable significance, as certain items are outside of our control and cannot be reasonably predicted due to the fact that these items could vary significantly from period to period. Accordingly, a reconciliation to the corresponding GAAP financial measure is not available without unreasonable effort. (3) Does not include the capital outlays associated with the acquisition of franchise-owned restaurants

Conference Call and Webcast

Chris Tomasso, Chief Executive Officer and President, and Mel Hope, Chief Financial Officer, will host a conference call and webcast to discuss these financial results for Q1 2024 on May 7, 2024 at 8:00 AM ET.

Interested parties may listen to the conference call via any one of three options:

- Dial 201-389-0914, which will be answered by an operator
- Pre-register by entering your information at this Call meTM link and entering the following Call meTM passcode to receive a direct call for instant access to the event: 62605 . · Join the webcast at https://investors.firstwatch.com/news-and-events/events

The webcast will be archived shortly after the call has concluded.

The following definitions apply to these terms as used in this release:

System-wide restaurants: the total number of restaurants, including all company-owned and franchise- owned restaurants.

System-wide sales: consists of restaurant sales from our company-owned restaurants and franchise-owned restaurants. We do not recognize the restaurant sales from our franchise-owned restaurants as revenue.

Same-restaurant sales growth: the percentage change in year-over-year restaurant sales (excluding gift card breakage) for the comparable restaurant base, which is defined as the number of company-owned First Watch branded restaurants open for 18 months or longer as of the beginning of the fiscal year ("Comparable Restaurant Base"). For the first quarter of 2024, this operating metric compares the first fiscal quarter ended March 31, 2024 with the thirteen-week period ended April 2, 2023, versus the fiscal quarter ended March 26, 2023, in order to compare like-for-like periods. For the thirteen weeks ended March 31, 2024 and April 2, 2023, there were 344 restaurants and 328 restaurants, respectively, in our Comparable Restaurant Base.

Same-restaurant traffic growth: the percentage change in traffic counts for the thirteen weeks ended March 31, 2024 as compared to the thirteen-week period ended April 2, 2023 using the Comparable Restaurant Base.

Adjusted EBITDA: a non-GAAP measure, is defined as net income (loss) before depreciation and amortization, interest expense, income taxes and items that the Company does not consider in the evaluation of its ongoing core operating performance.

Adjusted EBITDA margin: a non-GAAP measure, is defined as Adjusted EBITDA as a percentage of total revenues.

Restaurant level operating profit: a non-GAAP measure, is defined as restaurant sales, less restaurant operating expenses, which include food and beverage costs, labor and other related expenses, other restaurant operating expenses, pre-opening expenses and occupancy expenses. In addition, Restaurant level operating profit excludes corporate-level expenses and items that are not considered in the Company's evaluation of its ongoing core operating performance.

Restaurant level operating profit margin: a non-GAAP measure, is defined as Restaurant level operating profit as a percentage of restaurant sales.

About First Watch

First Watch is an award-winning Daytime Dining concept serving made-to-order breakfast, brunch and lunch using fresh ingredients. A recipient of hundreds of local "Best Breakfast" and "Best Brunch" accolades, First Watch's chef-driven menu includes elevated executions of classic favorites along with First Watch specialties such as the Quinoa Power Bowl®, Farm Stand Breakfast Tacos, Avocado Toast, Chickichanga, Morning Meditation (juiced in-house daily), Spiked Lavender Lemonade and its signature Million Dollar Bacon. In 2023, First Watch was named the top restaurant brand in Yelp's inaugural list of the 50 most loved brands in the U.S. In 2023 and 2022, First Watch was named a Top 100 Most Loved Workplace® in Newsweek by the Best Practice Institute. In 2022, First Watch was awarded a sought-after MenuMasters honor by Nation's Restaurant News for its seasonal Braised Short Rib Omelet and recognized with ADP's coveted Culture at Work Award. First Watch operates more than 530 First Watch restaurants in 29 states. For more information, visit www.firstwatch.com.

Forward-Looking Statements

This release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995, which are subject to known and unknown risks, uncertainties and other important factors that may cause actual results to be materially different from the statements and herein. All statements other than statements of historical fact are forward-looking statements. Forward-looking statements by the fact that they do not relate strictly to any historical or current facts. These statements may include words such as "aim," "anticipate," "believe," "estimate," "expect," forecast," "future," "intend," "untolok," "portential," "cnil," "should," "can," "can have," "likely," the negatives thereof and for ther similar expressions. You should evaluate all forward-looking statements may include words such as "aim," "anticipate," "believe," "estimate," "expect," forecast," future," "intend," "untolok," "portential," "cnil," "should," "can," "can have," "likely," the negatives thereof and for the year ended December 31, 2023, including under Part I. Item to A. "Risk Factors" and or portent filings with the Securities and Exchange Commission (the "SEC"), accessible on the SEC's website at www.sec.gov and the Investors Relations section of the Company's website at https://investors.firstwatch.com/financial-information/sec-filings. Important factors that could cause actual results to differ materially from those in the forward-looking statements include the following: uncertainty regarding the Russia and Ukraine war, Israel-Hamas war and the related impact on macroeconomic conditions, includions, include vents; our unability to consumer preferences; our inability to scate estimations as a result of successful preferences or unable programs and limited dime new offering; changes in the cost of food; unprofitability or elevent where our restaurants are located; lower than expec

The forward-looking statements included in this press release are made only as of the date hereof and are expressly qualified in their entirety by these cautionary statements. We undertake no obligation to publicly update or revise any forward-looking statement as a result of new information, future events or otherwise, except as otherwise required by law. All information presented herein is based on our fiscal calendar. Unless otherwise stated, references to particular years, quarters, months or periods refer to our fiscal years and the associated quarters, months and periods of those fiscal years.

Investor Relations Contact

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Media Relations Contact

Jenni Glester 407-864-5823 jglester@firstwatch.com

Non-GAAP Financial Measures (Unaudited)

To supplement the consolidated financial statements, which are prepared in accordance with accounting principles generally accepted in the United States of America ("GAAP"), we use the following non-GAAP measures, which present operating results on an adjusted basis: (i) Adjusted EBITDA, (ii) Adjusted EBITDA margin, (iii) Restaurant level operating profit and (iv) Restaurant level operating profit margin. Our presentation of these non-GAAP measures includes isolating the effects of some items that are either nonrecurring in nature or vary from period to period without any correlation to our ongoing core operating performance. These supplemental measures of performance are not required by or presented in accordance with GAAP. Management believes these non-GAAP measures provide investors with additional visibility into our operations, facilitate analysis and comparisons of our ongoing business operations because they exclude items that may not be indicative of our ongoing performance, help to identify operational trends and allow for greater transparency with respect to key metrics used by management in our financial and operational decision making. Our non-GAAP measures may not be comparable to similarly titled measures used by other companies and have important limitations as analytical tools. These non-GAAP measures should not be considered in isolation or as substitutes for analysis of our results as reported under GAAP as they may not provide a complete understanding of our performance. These non-GAAP measures should be reviewed in conjunction with our consolidated financial statements prepared in accordance with GAAP.

Adjusted EBITDA and Adjusted EBITDA Margin

Management uses Adjusted EBITDA and Adjusted EBITDA margin (i) as factors in evaluating management's performance when determining incentive compensation, (ii) to evaluate the Company's operating results and the effectiveness of our business strategies and (iii) internally as benchmarks to compare the Company's performance to that of its competitors.

The following tables reconcile Net income and Net income margin, the most directly comparable GAAP measures, to Adjusted EBITDA and Adjusted EBITDA margin for the periods indicated:

		THIRTEEN W	EEKS E	INDED
(in thousands)	MARCH	31, 2024		MARCH 26, 2023
Net income	\$	7,214	\$	9,360
Depreciation and amortization		12,271		9,117
Interest expense		2,599		1,907
Income taxes		2,799		4,558
EBITDA		24,883		24,942
Strategic costs (1)		235		305
Loss on extinguishment and modification of debt		428		_
Stock-based compensation (2)		1,866		1,497
Delaware Voluntary Disclosure Agreement Program (3)		8		367
Transaction expenses, net (4)		669		253
Insurance proceeds in connection with natural disasters, net (5)		_		(141)
Impairments and loss on disposal of assets (6)		119		134
Recruiting and relocation costs (7)		204		30
Severance costs (8)		178		26
Adjusted EBITDA	\$	28,590	\$	27,413
Total revenues	\$	242,449	\$	211,406
Net income margin		3.0 %		4.4 %
Adjusted EBITDA margin		11.8 %		13.0 %
Additional information				
Deferred rent expense (9)	\$	343	\$	584

(1) Represents costs related to process improvements and strategic initiatives. These costs are recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (2) Represents non-cash, stock-based compensation expense which is recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (3) Represents professional service costs incurred in connection with the Delaware Voluntary Disclosure Agreement Program related to unclaimed or abandoned property. These costs are recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (4) Represents costs incurred in connection with the acquisition of franchise-owned restaurants, expenses related to debt, secondary offering costs and in 2024, an offsetting gain on release of contingent consideration liability.
 (5) Represents insurance recoveries, net of costs incurred, in connection with hurch admage, which were recorded in Other income, net on the Consolidated Statements of Operations and Comprehensive Income.
 (6) Represents costs incurred for hining qualified individuals. These costs are recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (8) Severance costs are recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (9) Represents costs incurred for hining qualified Individuals. These costs are recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.
 (9) Represents the non-cash portion of straight-line rent expense recorded within both Occupancy expenses and General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.

Restaurant level operating profit and Restaurant level operating profit margin

Restaurant level operating profit and Restaurant level operating profit margin are not indicative of our overall results, and because they exclude corporate-level expenses, do not accrue directly to the benefit of our stockholders. We will continue to incur such expenses in the future. Restaurant level operating profit and Restaurant level operating profit margin are important measures we use to evaluate the performance and profitability of each operating profit margin profit and restaurant level operating future spending and other operational decisions. We believe that Restaurant level operating profit and Restaurant level operating profit margin provide useful information about our operating results, identify operational trends and allow for transparency with respect to key metrics used by us in our financial and operational decision-making.

The following tables reconcile Income from operations and Income from operations margin, the most directly comparable GAAP financial measures, to Restaurant level operating profit and Restaurant level operating profit margin for the periods indicated:

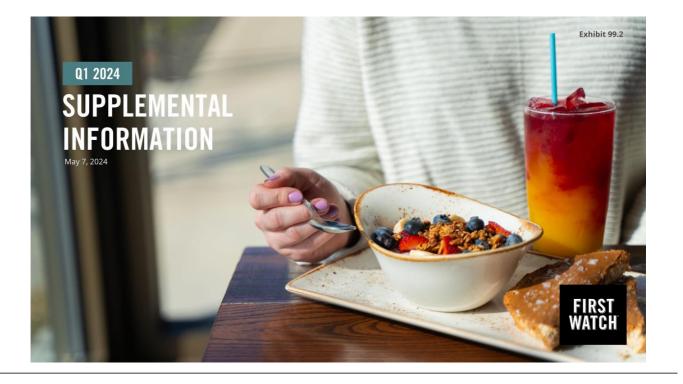
		THIRTEEN WEE	EKS ENDED	
(in thousands)	MA	ARCH 31, 2024	MARCH 26, 2023	
Income from operations	\$	12,286 \$	15,331	
Less: Franchise revenues		(3,141)	(3,438)	
Add:				
General and administrative expenses		27,658	22,705	
Depreciation and amortization		12,271	9,117	
Transaction expenses, net (1)		669	253	
Impairments and loss on disposal of assets (2)		119	134	
Restaurant level operating profit	\$	49,862 \$	44,102	
Restaurant sales	\$	239,308 \$	207,968	
Income from operations margin		5.1 %	7.4 %	
Restaurant level operating profit margin		20.8 %	21.2 %	
Additional information				
Deferred rent expense (3)	\$	293 \$	534	

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(1) Represents costs incurred in connection with the acquisition of franchise-owned restaurants, expenses related to debt, secondary offering costs and, in 2024, an offsetting gain on release of contingent consideration liability. (2) Represents costs related to the disposal of assets due to retirements, replacements or certain restaurant closures. There were no impairments recognized during the periods presented. (3) Represents the non-cash portion of straight-line rent expense recorded within Occupancy expenses on the Consolidated Statements of Operations and Comprehensive Income.

FIRST WATCH RESTAURANT GROUP, INC. CONSOLIDATED STATEMENTS OF OPERATIONS AND COMPREHENSIVE INCOME (IN THOUSANDS, EXCEPT SHARE AND PER SHARE DATA) (Unaudited)

		THIRTEEN WEEKS E	NDED
	MAR	RCH 31, 2024	MARCH 26, 2023
Revenues:			
Restaurant sales	\$	239,308 \$	207,968
Franchise revenues		3,141	3,438
Total revenues		242,449	211,406
Operating costs and expenses:			
Restaurant operating expenses (exclusive of depreciation and amortization shown below):			
Food and beverage costs		52,184	46,627
Labor and other related expenses		79,735	68,573
Other restaurant operating expenses		36,792	31,696
Occupancy expenses		19,168	15,934
Pre-opening expenses		1,567	1,036
General and administrative expenses		27,658	22,705
Depreciation and amortization		12,271	9,117
Impairments and loss on disposal of assets		119	134
Transaction expenses, net		669	253
Total operating costs and expenses		230,163	196,075
Income from operations		12,286	15,331
Interest expense		(2,599)	(1,907)
Other income, net		326	494
Income before income taxes		10,013	13,918
Income tax expense		(2,799)	(4,558)
Net income	\$	7,214 \$	9,360
Net income	\$	7,214 \$	9,360
Other comprehensive income			
Unrealized gain on derivatives		1,238	_
Income tax related to other comprehensive income		(309)	-
Comprehensive income	\$	8,143 \$	9,360
Net income per common share - basic	\$	0.12 \$	0.16
Net income per common share - diluted	\$	0.12 \$	0.15
Weighted average number of common shares outstanding - basic		60,012,790	59,243,430
Weighted average number of common shares outstanding - diluted		62,476,379	60,597,729





FORWARD LOOKING STATEMENTS
In addition to historical information, this presentation may contain a number of "forward-looking statements" as defined in the Private Securities Ltigation Reform Act of 1995, which are subject to known and unknown risks, uncertainties
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and other important factors that could cause actual results to differ materially from those in the forward-looking statements may induce works such as a "setult of such context of the risks and uncertainties disclosed in
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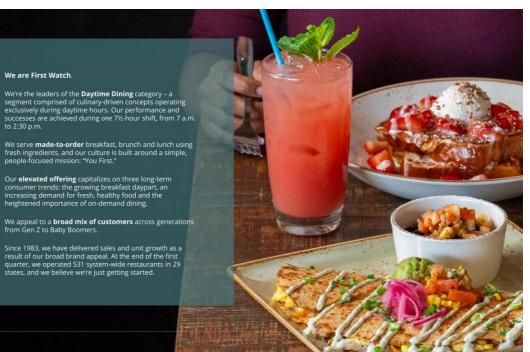
The forward-looking statements included in this presentation are made only as of the date hereof and are expressly qualified in their entirety by these cautionary statements. We undertake no obligation to publicly update or revise any forward-looking statement as a result of new information, future events or otherwise, except as otherwise required by law.

NON-GAAP FINANCIAL MEASURES (UNAUDITED)

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This presentation does not constitute an offer to sell or a solicitation of an offer to buy any securities.

FIRST WATCH



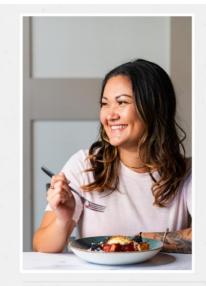
POD MORNING

We are First Watch.





Q1 2024 HIGHLIGHTS



FIRST WATCH

Compared to Q1 2023:

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- Total revenues increased 14.7% to \$242.4 million in Q1 2024 from \$211.4 million in Q1 2023 • •
 - System-wide sales increased 9.4% to \$289.6 million in Q1 2024 from \$264.7 million in Q1 2023 Same-restaurant sales growth of 0.5%* Same-restaurant srales growth of 0.5%* Same-restaurant traffic growth of (4.5)%* Income from operations margin decreased to 5.1% during Q1 2024 from 7.4% in Q1 2023 Restaurant level operating profit margin** decreased to 20.8% in Q1 2024 from 21.2% in Q1 2023
- . .
- Net income decreased to \$7.2 million, or \$0.12 per diluted share, in Q1 2024 from \$9.4 million, or \$0.15 per diluted share in Q1 2023 .

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Adjusted EBITDA** increased to \$28.6 million in Q1 2024 from \$27.4 million in Q1 2023 Opened 9 system-wide restaurants in 8 states resulting in a total of 531 system-wide restaurants (432 company-owned and 99 franchise-owned) across 29 states

* Comparing the thirteen-week periods ended March 31, 2024 and April 2, 2023 in order to compare like-for-like periods ** See "Non-GAAP Financial Measures" below

"First Watch posted another solid quarter with positive same restaurant sales*, traffic trends that improved sequentially through the quarter and year-over-year adjusted EBITDA growth.

We continue to focus on delivering exceptional experiences for our customers and our employees validated by customer experience scores that have never been higher and continued improvement in employee turnover. We remain confident in our long-term growth prospects driven by our proven portability and a total addressable market more than three times our current size."

Chris Tomasso, First Watch CEO and President

*Comparing the thirteen-week periods ended March 31, 2024 and April 2, 2023 in order to compare like-for-like periods



A TASTE OF Q1



BROOKLYN BREAKFAST SANDWICH Shaved pastrami, Gruyère cheese and house-roasted onions with an over-easy cage-free egg, house-pickled red onions, argulal, mayo and Dijon mustard on a griddled everything-seasoned brioche bun. Served with lemon-dressed organic mixed greens.



BARBACOA CHILAQUILES Breakfast Bowl

Seasoned, braised beef barbacoa tossed with Cheddar and Monterey Jack, salsa roja and crispy corn tortilla chips, then topped with fresh avocado, lime crema, Cotija cheese and scallions. Served with cheesy scrambled cage-free eggs and seasoned black beans with housemade pico de gallo.



BLACKBERRY LEMON CREAM FRENCH TOAST Thick-cut, custard-dipped challah bread griddled and topped with lemon cream, fresh blackberries, mixed berry compote, creme anglaise and spiced gingerbread cookie crumbles. Lightly dusted with powdered cinnamon sugar.



HOLEY DONUTS Cinnamon sugar-dusted cake donut holes with chocolate sauce and warm, mixed berry compote for dipping.

A TASTE OF Q1 & Q2

Spring | March 18 – May 26



SHRIMP & GRITS

Sautied Cajun shrimp and andouille sausage cooked Lowcountry-style with chicken stock, house-roasted tomatoes, onions, green bell peppers and scallions atop Bob's Red Mill Cheddar Parmesan cheese grits. Served with artisan clabatta toast.



HACIENDA HASH Chorizo, red bell pepper and potato hash topped with two cage-free eggs any style, Cheddar and Monterey Jack, spicy ketchup, Jime crema drizele, fresh smashed avocado and scallions.



HAWAIIAN FRENCH TOAST Thick-cut, custard-dipped challah bread griddled and topped with caramelized pineapple, coconut whipped cream, caramel toffee sauce and spiced gingerbread cookie crumbles. Lightly dusted with powdered cinnamon sugar.



TROPICAL SUNRISE Mango, pineapple, strawberry and lime.

UPDATED OUTLOOK FOR FISCAL YEAR 2024

Based upon first quarter results and current trends, management provides the following updated outlook for the 52-week fiscal year ending December 29, 2024:

- · Same-restaurant sales growth in a range of flat-to-up 2.0% with same restaurant traffic
- Same-restaurant sales growth in a range of flat-to-up 2.000 with same restaurant sales growth in the negative low single digits.
 Total revenue growth in the range of 17.0% to 19.0%⁽¹⁾.
 Total of 51 to 57 new system-wide restaurants, net of 1 company-owned and 1 franchise-owned restaurant closure (44 to 48 new company-owned restaurants and 9 to 11 new franchise-owned restaurants).

Management confirms the following guidance for fiscal 2024:

- Adjusted EBITDA⁽²⁾ in the range of \$106.0 million to \$112.0 million⁽¹⁾
 Blended tax rate in the range of 27.0% to 29.0%
 Capital expenditures in the range of \$125.0 million to \$135.0 million invested primarily in new restaurant projects and planned remodels⁽³⁾
- Includes approximately 70% in total revenue growth and approximately \$12.0 million in Adjusted EBITDA associated with completed requisition:
 We have no recording publicity for Musted EBITDA to the corresponding GAMP financial messure because we do not provide publicity for evencing the various recording terms. We are unable to provide guidance for the rescarcing terms because we cannot attermine their probable significance, as certain terms are ausside of our control and anomable reasonably predicted due to the fact that there items could van significantly from period to period. Accordingly, a recordination to the corresponding GAMP financian usawe is not available whole unreasonable effort.
 Does not include the capital outlays associated with the acquisition of franchise-owned restaurants





CONSOLIDATED STATEMENTS OF OPERATIONS AND COMPREHENSIVE INCOME (LOSS)

		WEE	HIRTEEN EKS ENDED		WEE	HIRTEEN EKS ENDED					FISCAL YE		_	
	(in thousands)	Marc	h 31, 2024		Marc	ch 26, 2023		202	3	_	2022		202	1
	Revenues						-							
The following table	Restaurant sales	\$	239,308	98.7%	\$	207,968	98.4%	\$ 877,092	98.4%	\$	719,181		\$ 592,343	98
0	Franchise revenues		3,141	1.3%		3,438	1.6%	14,459	1.6%		10,981	1.5%	8,850	
ummarizes our results of	Total revenues		242,449	100.0%		211,406	100.0%	891,551	100.0%		730,162	100.0%	601,193	10
	Operating costs and expenses													
perations and the	Restaurant operating expenses (1) (exclusive of depreciation and													
ercentages of items in our	amortization shown below):													
ercentages of items in our	Food and beverage costs		52,184	21.8%		46,627	22.4%	197,374	22.5%		172,561	24.0%	134,201	
onsolidated Statements of	Labor and other related expenses		79,735	33.3%		68,573	33.0%	294,010	33.5%		238,257	33.1%	189,167	
	Other restaurant operating expenses		36,792	15.4%		31,696	15.2%	134,477	15.3%		114,476	15.9%	94,847	3
perations in relation to	Occupancy expenses		19,168	8.0%		15,934	7.7%	68,400	7.8%		59,919	8.3%	55,433	
stal variancian an uibara	Pre-opening expenses		1,567	0.7%		1,036	0.5%	7,173	0.8%		5,414	0.8%	3,310	
otal revenues or, where	General and administrative expenses		27,658	11.4%		22,705	10.7%	103,121	11.6%		84,959	11.6%	70,388	
ndicated, Restaurant sales	Depreciation and amortization		12,271	5.1%		9,117	4.3%	41,223	4.6%		34,230	4.7%	32,379	
laicatea, restaurant sales	Impairments and loss on disposal of assets		119			134	0.1%	1,359	0.2%		920	0.1%	381	
or fiscal years 2023, 2022,	Transaction expenses, net		669	0.3%		253	0.1%	3,147	0.4%		2,513	0.3%	(1,156)	
	Total operating costs and expenses		230,163	94.9%		196,075	92.7%	850,284	95.4%	_	713,249	97.7%	578,950	
021, the thirteen weeks	Income from operations (1)		12,286	5.1%		15,331	7.4%	41,267	4.7%		16,913	2,4%	22,243	
nded March 31, 2024 and	Interest expense		(2,599)	(1.1%)		(1,907)	(0.9%)	(8,063)	(0.9%)		(5,232)	(0.7%)	(20,099)	
nded March 31, 2024 and	Other income, net		326	0.1%		494	0.2%	2,871	0.3%		910	0.1%	(1,774)	
he thirteen weeks ended	Income before income taxes		10,013	4.196		13,918	6.6%	36,075	4.0%		12,591	1.7%	370	
ie uniteen weeks ended	Income tax expense	_	(2,799)	(1.2%)	_	(4,558)	(2.2%)	(10,690)	(1.2%)	-	(5.684)	(0.8%)	(2,477)	(
larch 26, 2023:	Net income	\$	7,214	3.0%	\$	9,360	4.4%	\$ 25,385	2.8%	\$	6,907	0.9%	\$ (2,107)	(
	Net income (loss)	\$	7,214		\$	9,360		\$ 25,385		\$	6,907		\$ (2,107)	
	Other comprehensive loss:						_							
	Unrealized loss on derivatives		1,238				_	(889)						
	Income tax related to other comprehensive loss		(309)			-		222		_				
	Other comprehensive loss				-			(667)		_	-			_
	Comprehensive income (loss)	\$	8,143		\$	9,360	_	\$ 24,718		\$	6,907		\$ (2,107)	
	Net income (loss) per common share - basic	\$	0.12		\$	0.16		\$ 0.43		\$	0.12		\$ (0.04)	
	Net income (loss) per common share - diluted	\$	0.12		\$	0.15	_	\$ 0.41		\$	0.11		\$ (0.04)	
	Weighted average number of common shares outstanding - basic	€	50,012,790		5	59,243,430		59,531,404		59	,097,512		48,213,995	
	Weighted average number of common shares outstanding - diluted		32,476,379		F	50.597.729		61.191.613		60	140.045		48.213.995	

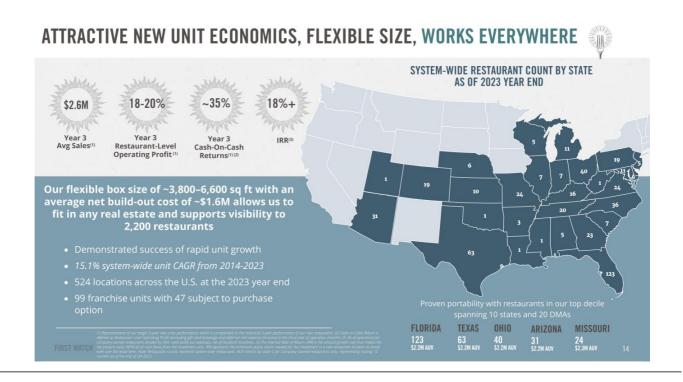
SELECTED OPERATING DATA

	THIRTEEN WEEKS	THIRTEEN WEEKS		FISCAL YEAR	
	March 31, 2024	March 26, 2023	2023	2022	2021
Operating weeks	13	13	53	52	52
System-wide restaurants	531	484	524	474	435
Company-owned	432	370	425	366	341
Franchise-owned	99	114	99	108	94
System-wide sales (in thousands)	\$289,581	\$264,719	\$1,103,089	\$914,816	\$750,674
Same-restaurant sales growth	0.5%	12.9%	7.6%	** 14.5%	63.0%
Same-restaurant traffic growth	(4.5%)	5.1%	0.2%	** 7.7%	52.6%
Average Unit Volume (in thousands) ⁽¹⁾			\$2,250	\$2,032	\$1,786
Income (loss) from operations (in thousands)	\$12,286	\$15,331	\$41,267	\$16,913	\$22,243
Income (loss) from operations margin	5.1%	7.4%	4.7%	2.4%	3.8%
Restaurant level operating profit (in thousands) (2)	\$49,862	\$44,102	\$175,658	\$128,936	\$115,404
Restaurant level operating profit margin ⁽²⁾	20.8%	21.2%	20.0%	17.9%	19.5%
Net income (loss) (in thousands)	\$7,214	\$9,360	\$25,385	\$6,907	(\$2,107)
Net income (loss) margin	3.0%	4.4%	2.8%	0.9%	(0.4%)
Adjusted EBITDA (in thousands) ⁽³⁾	\$28,590	\$27,413	\$99,483	\$69,278	\$66,301
Adjusted EBITDA margin (3)	11.8%	13.0%	11.2%	9.5%	11.0%

*Comparing the thirteen-week period ended March 31, 2024 with the thirteen-week period ended April 2, 2023 in order to compare like-for-like periods. **Comparison to 53 weeks ended January 1, 2023 in order to compare like-for-like periods. (1) Average unit volume presented on an annual basis only. (2) Reconciliations from Internet from operations and Income from operations margin, the most comparable GAAP measures, to Restaurant level operating profit and Restaurant level operating profit margin, are set forth in the schedules within the Non-GAAP Financial Measures Reconciliations section below. (3) Reconciliations from Net income and Net income margin, the most comparable GAAP measures, to Adjusted EBITDA and Adjusted EBITDA margin, are set forth in the schedules within the Non-GAAP Financial Measures Reconciliations section below.

FIRST WATCH





	2024			2023					2022			м., н
	Q1	Q1	Q2	Q3	Q4	FY	Q1	Q2	Q3	Q4	FY	
Same-Restaurant Sales Growth Same-Restaurant Traffic Growth (Decline	0.5%* (4.5%)*	12.9% 5.1%	7.8%	4.8% (1.9%)	5.0% (1.3%)	7.6% 0.2%	27.2% 21.9%	13.4% 8.1%	12.0% 3.7%	7.7% (0.6%)	14.59	
Comparable Restaurant Base	344	328	327	327	327	327	305	304	303	301	301	
re-opening Ex	penses	5**										
re-opening Ex	2024			2023			_		20			
	2024 Q1	Q1	Q2	Q3	Q4	FY	Q1	Q2	Q	_	Q4	FY
Other restaurant operating expenses	2024 Q1 \$ 957	Q1 \$ 654	\$ 643	Q3 \$ 1,122	\$ 1,956	\$ 4,37	5 \$ 6	48 \$ 5	3 \$	813 \$	1,301	\$ 3,325
	2024 Q1	Q1		Q3	\$ 1,956 894		5 \$ (18 3	48 \$ 5 37 5	Q 3 \$	313 \$ 577	1,301 544	

NON-GAAP FINANCIAL MEASURES RECONCILIATIONS

Adjusted EBITDA and Adjusted EBITDA margin

Management uses Adjusted EBITDA and Adjusted EBITDA margin (i) as factors in evaluating management's performance when determining incentive compensation, (ii) to evaluate the Company's operating results and the effectiveness benchmarks to compare the Company's performance to that of its competitors and (iv) to provide investors with additional transparency of the Company's operations. The use of Adjusted EBITDA and Adjusted EBITDA margin as performance measures permit a comparative assessment of the Company's GAPA results, while isolating the effects of some items hat are either nonrecurring in nature or vary from period to period without any correlation to the Company's ongoing core operating performance. The adjacent table reconciles Net income (loss) and

The adjacent table reconciles Net income (loss) and Net income (loss) margin, the most directly comparable GAAP measures, to Adjusted EBITDA and Adjusted EBITDA margin, respectively, for the periods indicated.

FIRST WATCH

	THIRTEEN WEEKS	THIRTEEN WEEKS		FISCAL YEAR	
(in thousands)	March 31, 2024	March 26, 2023	2023	2022	2021
Net income (loss)	\$7,214	\$9,360	\$25,385	\$6,907	(\$2,107)
Depreciation and amortization	12,271	9,117	41,223	34,230	32,379
Interest expense	2,599	1,907	8,063	5,232	20,099
Income taxes	2,799	4,558	10,690	5,684	2,477
EBITDA	24,883	24,942	85,361	52,053	52,848
Stock-based compensation (1)	1,866	1,497	7,604	10,374	8,596
Transaction expenses (income), net ⁽²⁾	669	253	3,147	2,513	(1,156)
Strategic transition costs (3)	235	305	892	2,318	2,402
Impairments and loss on disposal of assets (4)	119	134	1,359	920	381
Delaware Voluntary Disclosure Agreement Program ⁽⁵⁾	8	367	1,250	149	
Recruiting and relocation costs (6)	204	30	465	681	351
Severance costs (7)	178	26	26	155	265
Insurance proceeds in connection with natural disasters, net ⁽⁶⁾	-	(141)	(621)	115	-
Loss on extinguishment of debt	428	14	2	2	2,403
COVID-19 related charges (9)	-				211
Adjusted EBITDA	\$28,590	\$27,413	\$99,483	\$69,278	\$66,301
otal revenues	\$242,449	\$211,406	\$891,551	\$730,162	\$601,193
Net income (loss) margin	3.0%	4.4%	2.8%	0.9%	(0.4%)
Adjusted EBITDA margin	11.8%	13.0%	11.2%	9.5%	11.0%
dditional information					
Deferred rent expense (income) (10)	\$343	\$584	\$2,090	\$2,418	(\$2.011)

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Restaurant level operating profit and Restaurant level operating profit margin

Restaurant level operating profit and Restaurant level operating profit margin are not indicative of our overall results, and because they exclude corporate-level expenses, do not accue directly to the benefit of our stochhiders. We will construct the stochiders we will be the stochiders we will be future, the operating profit margin are important measures we use to evaluate the performance and profitability of each operating profit and Restaurant level operating profit margin are decisions. We believe that Restaurant level operating profit margin are used operating profit margin are used operating profit margin provide useful information about our operating results, ransparency with respect to key metrics used by us in our financial and operational decisions. We with respect to key metrics used by us in our financial and operational decisions. We metrics used by us in our financial and operational

FIRST WATCH

	THIRTEEN WEEKS	THIRTEEN WEEKS		RISCAL YEAR	
(in thousands)	March 31, 2024	March 26, 2023	2023	2022	2021
Income (loss) from operations	\$12,286	\$15,331	\$41,267	\$16,913	\$22,243
Less: Franchise revenues	(3,141)	(3,438)	(14,459)	(10,981)	(8,850)
Add:					
General and administrative expenses	27,658	22,705	103,121	84,959	70,388
Depreciation and amortization	12,271	9,117	41,223	34,230	32,379
Transaction expenses (income), net (1)	669	253	3,147	2,513	(1,156)
Impairments and loss on disposal of assets (2)	119	134	1,359	920	381
Costs in connection with natural disasters (3)	÷	1	1.00	382	
COVID-19 related charges (4)					19
Restaurant level operating profit	\$49,862	\$44,102	\$175,658	\$128,936	\$115,404
Restaurant sales	\$239,308	\$207,968	\$877,092	\$719,181	\$592,343
Income (loss) from operations margin	5.1%	7,4%	4.7%	2.4%	3.8%
Restaurant level operating profit margin	20.8%	21.2%	20.0%	17.9%	19.5%
Additional information					
Deferred rent expense (income) (6)	\$293	\$534	\$1,891	\$2,219	(\$2,075)

 Execution from operations and income (Loss) from operations and (Loss) from operatins (Loss) from operations and (Loss) from operations and

The following definitions apply to these terms as used in this presentation:

Adjusted EBITDA: a non-GAAP financial measure, is defined as net income (loss) before depreciation and amortization, interest expense, income taxes and items that the Company does not consider in the evaluation of its ongoing core operating performance.

Adjusted EBITDA margin: a non-GAAP financial measure, is defined as Adjusted EBITDA as a percentage of total revenues.

Average Unit Volume: the total restaurant sales (excluding gift card breakage) recognized in the comparable restaurant base, which is defined as the number of company-owned First Watch branded restaurant Base, divided by the number of restaurants in the Comparable Restaurant Base during the period. This measurement allows management to assess changes in consumer spending patterns at our restaurants and the overall performance of our restaurant base.

Restaurant level operating profit: a non-GAAP financial measure, is defined as restaurant sales, less restaurant operating expenses, which include food and beverage costs, labor and other related expenses, other restaurant operating expenses, pre-opening expenses and occupancy expenses. Restaurant level operating profit excludes corporate-level expenses and items that are not considered in the Company's evaluation of its ongoing core operating performance.

Restaurant level operating profit margin: a non-GAAP financial measure, is defined as Restaurant level operating profit as a percentage of restaurant sales. Same-restaurant sales growth: the percentage change in year-over-year restaurant sales (excluding gift card breakage) for the comparable restaurant base, which we define as the number of company-owned First Watch branded restaurants open for 18 months or longer as of the beginning of the fiscal year ("Comparable Restaurant Base"). For the first yater of 2024, this operating metric compares the first fiscal quarter ended March 31, 2024 with the thirteen-week period ended April 2, 2023, versus the fiscal quarter ended March 25, 2023. In order to compare like-for-like periods. For the thirteen weeks ended March 31, 2024 and April 2, 2023, there were ad4 restaurants and 328 restaurants, respectively in our Comparable Restaurant Base. Measuring our same-restaurant sales growth allows management to evaluate the performance of our existing restaurant base. We believe this measure is useful for investors to provide a consistent comparison of restaurant sales results and trends across periods within our core, established restaurant base. Unaffected by results of store openings, closings, and other transitional changes.

Same-restaurant traffic growth: For the first quarter of 2024, this operating metric compares the percentage change in traffic counts for the thirteen weeks ended March 31, 2024 as compared to the thirteen-week period ended April 2, 2023 using the Comparable Restaurant Base. Measuring our same-restaurant traffic growth allows management to evaluate the performance of our existing restaurant base. We believe this measure is useful for investors because an increase in same-restaurant traffic provides an indicator as to the development of our brand and the effectiveness of our marketing strategy.

System-wide restaurants: the total number of restaurants, including all company-owned and franchise-owned restaurants.

System-wide sales: consists of restaurant sales from our company-owned restaurants and franchise-owned restaurants. We do not recognize the restaurant sales from our franchiseowned restaurants as revenue.

FIRST WATCH

