

CAUTIONARY NOTE ON FORWARD-LOOKING STATEMENTS AND NON-GAAP FINANCIAL MEASURES



Forward-Looking Statements

In addition to historical information, this presentation may contain a number of "forward-looking statements" as defined in the Private Securities Litigation Reform Act of 1995, which are subject to known and unknown risks, uncertainties and other important factors that may cause actual results to be materially different from the statements made herein. All statements other than statements of historical fact are forward-looking statements. Forward-looking statements discuss our current expectations and projections relating to our financial position, results of operations, plans, objectives, future performance and business. You can identify forward-looking statements by the fact that they do not relate strictly to any historical or current facts. These statements may include words such as "aim," "anticipate," "believe," "estimate," "expect," "forecast," "future," "intend," "outlook," "potential," "project," "projection," "plan," "seek," "may," "could," "would," "will," "should," "can," "can have," "likely," the negatives thereof and other similar expressions. You should evaluate all forward-looking statements made in this presentation in the context of the risks and uncertainties disclosed our filings with the Securities and Exchange Commission (the "SEC"), accessible on the SEC's website at www.sec.gov and the Investors Relations section of the Company's website at https://investors.firstwatch.com/financial-information/sec-filings. Important factors that could cause actual results to differ materially from those in the forward-looking statements include the following: uncertainty regarding ongoing hostility between Russia and Ukraine, renewed conflict in the Middle East and the related impact on macroeconomic conditions, including inflation, as a result of such conflict or other related events; our vulnerability to changes in economic conditions and consumer preferences; our inability to successfully open new restaurants or establish new markets; our inability to effectively manage our growth; adverse effects of the COVID-19 pandemic or other infectious diseases; potential negative impacts on sales at our and our franchisees' restaurants as a result of our opening new restaurants; a decline in visitors to any of the retail centers, lifestyle centers, or entertainment centers where our restaurants are located; lower than expected same-restaurant sales growth; unsuccessful marketing programs and limited time new offerings; changes in the cost of food; unprofitability or closure of new restaurants or lower than previously experienced performance in existing restaurants; our inability to compete effectively for customers; unsuccessful financial performance of our franchisees; our limited control over our franchisees; operations; our inability to maintain good relationships with our franchisees; conflicts of interest with our franchisees; the geographic concentration of our system-wide restaurant base in the southeast portion of the United States; damage to our reputation and negative publicity; our inability or failure to recognize, respond to and effectively manage the accelerated impact of social media; our limited number of suppliers and distributors for several of our frequently used ingredients and shortages or disruptions in the supply or delivery of such ingredients; information technology system failures or breaches of our network security; our failure to comply with federal and state laws and regulations relating to privacy, data protection, advertising and consumer protection, or the expansion of current or the enactment of new laws or regulations relating to privacy, data protection, advertising and consumer protection; our potential liability with our gift cards under the property laws of some states; our failure to enforce and maintain our trademarks and protect our other intellectual property; litigation with respect to intellectual property assets; our dependence on our executive officers and certain other key employees; our inability to identify, hire, train and retain qualified individuals for our workforce; our failure to obtain or to properly verify the employment eligibility of our employees; our failure to maintain our corporate culture as we grow; unionization activities among our employees; employment and labor law proceedings; labor shortages or increased labor costs or health care costs; risks associated with leasing property subject to long-term and non-cancelable leases; risks related to our sale of alcoholic beverages; costly and complex compliance with federal, state and local laws; changes in accounting principles applicable to us; our vulnerability to natural disasters, unusual weather conditions, pandemic outbreaks, political events, war and terrorism; our inability to secure additional capital to support business growth; our level of indebtedness; failure to comply with covenants under our credit facility; and the interests of our majority stockholder may differ from those of public stockholders.

Non-GAAP Financial Measures (Unaudited)

To supplement the consolidated financial statements, which are prepared in accordance with accounting principles generally accepted in the United States of America ("GAAP"), we use the following non-GAAP measures, which present operating results on an adjusted basis: (i) Adjusted EBITDA, (ii) Adjusted EBITDA margin, (iii) Restaurant level operating profit and (iv) Restaurant level operating profit margin. Our presentation of these non-GAAP measures includes isolating the effects of some items that are either nonrecurring in nature or vary from period to period without any correlation to our ongoing core operating performance. These supplemental measures of performance are not required by or presented in accordance with GAAP. Management believes these non-GAAP measures provide investors with additional visibility into our operations, facilitate analysis and comparisons of our ongoing business operations because they exclude items that may not be indicative of our ongoing operating performance, help to identify operational trends and allow for greater transparency with respect to key metrics used by management in our financial and operational decision making. Our non-GAAP measures may not be comparable to similarly titled measures used by other companies and have important limitations as analytical tools. These non-GAAP measures should not be considered in isolation or as substitutes for analysis of our results as reported under GAAP as they may not provide a complete understanding of our performance. These non-GAAP measures should be reviewed in conjunction with our consolidated financial statements prepared in accordance with GAAP.

This presentation does not constitute an offer to sell or a solicitation of an offer to buy any securities.











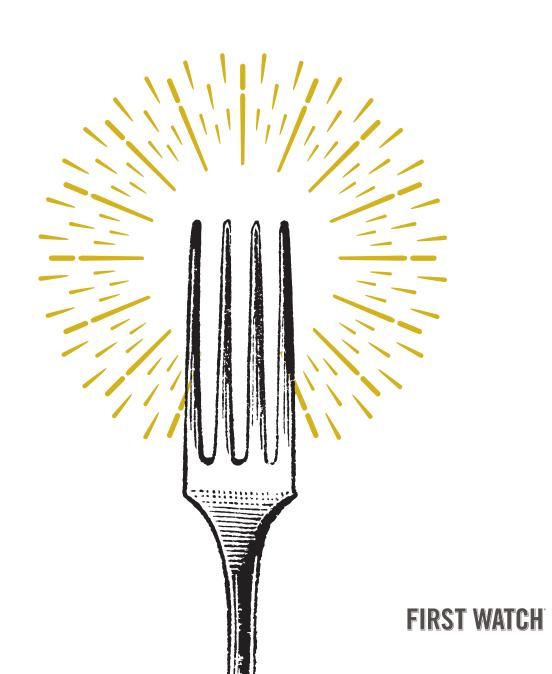






Q3 2023

Performance and Commentary



Q3 2023 HIGHLIGHTS



Highlights for Q3 2023 compared to Q3 2022*:

- Total revenues increased 17.3% to \$219.2 million in Q3 2023 from \$186.9 million in Q3 2022
- System-wide sales increased 14.9% to \$270.3 million in Q3 2023 from \$235.2 million in Q3 2022
- Same-restaurant sales growth of 4.8% (+38.8% relative to the third quarter of 2019**)
- Same-restaurant traffic decline of 1.9% (+6.5% relative to the third quarter of 2019**)
- Income from operations margin increased to 3.6% during Q3 2023 from 1.4% in Q3 2022
- Restaurant level operating profit margin*** increased to 18.7% in Q3 2023 from 17.3% in Q3 2022
- Net income increased to \$5.4 million, or \$0.09 per diluted share, in Q3 2023 from \$46.0 thousand in Q3 2022
- Adjusted EBITDA*** increased to \$21.6 million in Q3 2023 from \$17.0 million in Q3 2022
- Opened 13 system-wide restaurants (10 company-owned and 3 franchise-owned) across 10 states and acquired 11 operating franchise-owned restaurants, resulting in a total of 505 system-wide restaurants (402 company-owned and 103 franchise-owned) across 29 states

^{*} Thirteen weeks ended September 25, 2022 ("Q3 2022")

^{**} Comparison to the thirteen weeks ended September 29, 2019 ("Q3 2019") is presented for enhanced comparability due to the economic impact of COVID-19

^{***} See "Non-GAAP Financial Measures Reconciliations" below

"First Watch delivered impressive Q3 revenue and earnings results. We grew share while delivering total revenue growth of 17.3%, same-restaurant sales growth of 4.8% and Adjusted EBITDA growth of more than 25.0%.

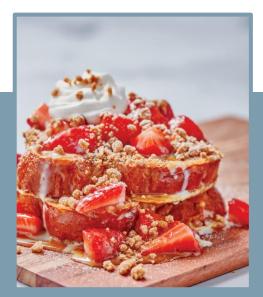
The ability of our teams to consistently execute at a high level, coupled with our strong brand positioning, underpins my confidence in our potential to quadruple our restaurant count and successfully navigate within virtually any economic environment."

Chris Tomasso, First Watch CEO and President



A TASTE OF Q2 & Q3

Summer Seasonal Menu I Jun. 5 - Aug 13



Strawberry Tres Leches French Toast

Thick-cut, custard-dipped challah bread griddled and topped with fresh strawberries, sweetened condensed milk, warm dulce de leche, whipped cream and spiced gingerbread cookie crumbles and lightly dusted with powdered cinnamon sugar.



Carnitas Breakfast Tostadas

Savory hand-pulled carnitas, Cheddar and Monterey Jack, seasoned black beans and two basted cage-free eggs atop two crispy corn tostadas and topped with white queso, fresh sliced avocado and house-made roasted corn salsa.



Lone Star Brisket Hash

Smoked, hand-pulled brisket and house-pickled sweet peppers in a potato hash, topped with two cage-free eggs any style, Cheddar and Monterey Jack, fresh smashed avocado, house-made pico de gallo, chipotle aioli and scallions. Served with two warm wheat-corn tortillas.



Watermelon Wake-Up

Watermelon, pineapple, lime and mint.

A TASTE OF Q3 & Q4

Fall Seasonal Menu | August 21 - October 22



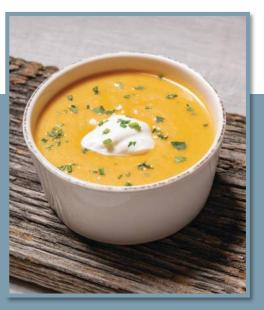
MILLION DOLLAR HARVEST HASH

Freshly seasoned potatoes with Million Dollar Bacon, house-roasted sweet potatoes and Crimini mushrooms, kale and Monterey Jack topped with two cage-free eggs cooked any style, herbed Goat cheese, lemon-dressed arugula and drizzled with Mike's Hot Honey.



PUMPKIN PANCAKE BREAKFAST

Two cage-free eggs cooked any style plus one of our signature spiced Pumpkin Pancakes and a Jones Dairy Farm grilled allnatural savory chicken sausage patty.



BUTTERNUT SQUASH BISQUE

Rich and creamy butternut squash soup sweetened with carrot and a touch of nutmeg. Garnished with all-natural sour cream and fresh herbs.



MINT MOCHA COFFEE

Chocolate and mint topped with a sweet cream cold foam and mini Ghirardelli dark chocolate chips.

OUTLOOK



Outlook for Fiscal Year 2023:

The Company updates its guidance for the 53-week fiscal year ended December 31, 2023:

- Same-restaurant sales growth in the range of 7.0% to 8.0% with generally flat same-restaurant traffic growth
- Total revenue growth in the range of 20.0% to 21.0%⁽¹⁾
- Adjusted EBITDA* in the range of \$91.0 million to \$92.0 million⁽¹⁾
- Blended tax rate in the range of 26.0% to 28.0%
- Total of 49-52 new system-wide restaurants, net of 1 company-owned restaurant closure (37 to 39 new company-owned restaurants and 13 to 14 new franchise-owned restaurants)
- Capital expenditures in the range of \$85.0 million to \$90.0 million invested primarily in new restaurant projects and planned remodels⁽²⁾

Long Term Outlook:

The Company reiterates its long-term annual financial targets as follows:

- Percentage unit growth in the low double digits, with the potential for more than 2,200 restaurants in the United States
- Same-restaurant sales growth of ~3.5%
- · Restaurant sales growth in the mid-teens
- · Adjusted EBITDA percentage growth in the mid-teens

FIRST WATCH

⁽¹⁾ Includes approximately 2.5% in total revenue growth and approximately \$3.0 million in Adjusted EBITDA associated with 17 completed and 6 pending franchise-owned restaurant acquisitions

⁽²⁾ Does not include the capital outlays associated with the acquisition of franchise-owned restaurants

^{*} We have not reconciled guidance for Adjusted EBITDA to the corresponding GAAP financial measure because we do not provide guidance for the various reconciling items. We are unable to provide guidance for these reconciling items because we cannot determine their probable significance, as certain items are outside of our control and cannot be reasonably predicted due to the fact that these items could vary significantly from period to period. Accordingly, reconciliations to the corresponding GAAP financial measure is not available without unreasonable effort.

Consolidated Statements of Operations



The following table summarizes our results of operations and the percentages of items in our Consolidated Statements of Operations in relation to Total revenues or, where indicated, Restaurant sales for fiscal years 2020, 2021, 2022 and the thirteen weeks and thirty-nine weeks ended September 24, 2023 and September 25, 2022:

	THIR	KS ENDED	THI	IRTY-NINE \	WEEKS ENDED		FISCAL YEAR							
(dollars in thousands)	September 24, 2023		September 25, 2022		September 24, 2023		September 25, 2022		2022		2021		2020	
Revenues														
Restaurant sales	\$215,495	98.3%	\$183,978	98.5%	\$636,050	98.3%	\$536,329	98.5%	\$719,181	98.5%	\$592,343	98.5%	\$337,433	98.6%
Franchise revenues	3,717	1.7%	2,874	1.5%	10,868	1.7%	8,088	1.5%	10,981	1.5%	8,850	1.5%	4,955	1.4%
Total revenues	219,212	100.0%	186,852	100.0%	646,918	100.0%	544,417	100.0%	730,162	100.0%	601,193	100.0%	342,388	100.0%
Operating costs and expenses														
Restaurant operating expenses ⁽¹⁾ (exclusive of depreciation and amortization shown below):														
Food and beverage costs	48,709	22.6%	44,578	24.2%	143,028	22.5%	129,200	24.1%	172,561	24.0%	134,201	22.7%	76,975	22.8%
Labor and other related expenses	73,137	33.9%	61,262	33.3%	212,312	33.4%	175,091	32.6%	238,257	33.1%	189,167	31.9%	120,380	35.7%
Other restaurant operating expenses	33,694	15.6%	29,685	16.1%	97,572	15.3%	85,761	16.0%	114,476	15.9%	94,847	16.0%	61,821	18.3%
Occupancy expenses	17,555	8.1%	15,091	8.2%	49,950	7.9%	44,318	8.3%	59,919	8.3%	55,433	9.4%	49,450	14.7%
Pre-opening expenses	2,035	0.9%	1,490	0.8%	4,323	0.7%	3,569	0.7%	5,414	0.8%	3,310	0.6%	3,880	1.1%
General and administrative expenses	25,179	11.5%	21,689	11.6%	73,168	11.3%	63,194	11.6%	84,959	11.6%	70,388	11.7%	46,322	13.5%
Depreciation and amortization	10,434	4.8%	8,679	4.6%	28,992	4.5%	25,302	4.6%	34,230	4.7%	32,379	5.4%	30,725	9.0%
Impairments and loss on disposal of assets	185	0.1%	338	0.2%	618	0.1%	572	0.1%	920	0.1%	381	0.1%	315	0.1%
Transaction expenses (income), net	546	0.2%	1,419	0.8%	2,543	0.4%	1,976	0.4%	2,513	0.3%	(1,156)	(0.2%)	(258)	(0.1%)
Total operating costs and expenses	211,474	96.5%	184,231	98.6%	612,506	94.7%	528,983	97.2%	713,249	97.7%	578,950	96.3%	389,610	113.8%
Income (Loss) from operations (1)	7,738	3.6%	2,621	1.4%	34,412	5.4%	15,434	2.9%	16,913	2.4%	22,243	3.8%	(47,222)	(14.0%)
Interest expense	(1,848)	(0.8)%	(1,362)	(0.7)%	(5,792)	(0.9)%	(3,494)	(0.6)%	(5,232)	(0.7%)	(20,099)	(3.3%)	(22,815)	(6.7%)
Other income (expense), net	771	0.4%	116	0.1%	1,950	0.3%	395	0.1%	910	0.1%	(1,774)	(0.3%)	483	0.1%
Income (Loss) before income taxes	6,661	3.0%	1,375	0.7%	30,570	4.7%	12,335	2.3%	12,591	1.7%	370	0.1%	(69,554)	(20.3%)
Income tax (expense) benefit	(1,243)	(0.6)%	(1,329)	(0.7)%	(7,833)	(1.2)%	(4,942)	(0.9)%	(5,684)	(0.8%)	(2,477)	(0.4%)	19,873	5.8%
Net income (loss)	\$5,418	2.5%	\$46		\$22,737	3.5%	\$7,393	1.4%	\$6,907	0.9%	(\$2,107)	(0.4%)	(\$49,681)	(14.5%)

⁽¹⁾ Percentages are calculated as a percentage of restaurant sales.

Selected Operating Data

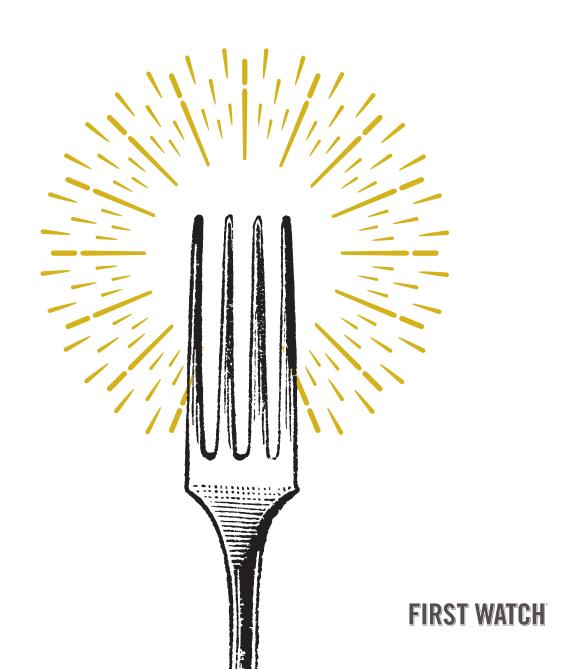


	THIRTEEN W	EEKS ENDED	THIRTY-NINE	WEEKS ENDED	FISCAL YEAR			
(dollars in thousands)	September 24, 2023	September 25, 2022	September 24, 2023	September 25, 2022	2022	2021	2020	
System-wide sales	\$270,291	\$235,231	\$806,556	\$680,588	\$914,816	\$750,674	\$426,303	
System-wide restaurants	505	459	505	459	474	435	409	
Company-owned	402	356	402	356	366	341	321	
Franchise-owned	103	103	103	103	108	94	88	
Same-restaurant sales growth (decline)	4.8%	12.0%	8.5%	17.0%	14.5%	63.0%	(29.0%)	
Same-restaurant traffic growth (decline)	(1.9)%	3.7%	0.7%	10.6%	7.7%	52.6%	(33.9%)	
Average Unit Volume (1)					\$2,032	\$1,786	\$1,119	
Income (Loss) from operations	\$7,738	\$2,621	\$34,412	\$15,434	\$16,913	\$22,243	(\$47,222)	
Income (Loss) from operations margin	3.6%	1.4%	5.4%	2.9%	2.4%	3.8%	(14.0%)	
Restaurant level operating profit (2)	\$40,365	\$31,872	\$128,865	\$98,390	\$128,936	\$115,404	\$28,236	
Restaurant level operating profit margin (2)	18.7%	17.3%	20.3%	18.3%	17.9%	19.5%	8.4%	
Net income (loss)	\$5,418	\$46	\$22,737	\$7,393	\$6,907	(\$2,107)	(\$49,681)	
Net income (loss) margin	2.5%	- %	3.5%	1.4%	0.9%	(0.4%)	(14.5%)	
Adjusted EBITDA (3)	\$21,629	\$17,023	\$74,858	\$54,176	\$69,278	\$66,301	(\$5,744)	
Adjusted EBITDA margin ⁽³⁾	9.9%	9.1%	11.6%	10.0%	9.5%	11.0%	(1.7%)	

⁽¹⁾ Average unit volume presented on an annual basis only.

⁽²⁾ Reconciliations from Income (Loss) from operations and Income (Loss) f

APPENDIX

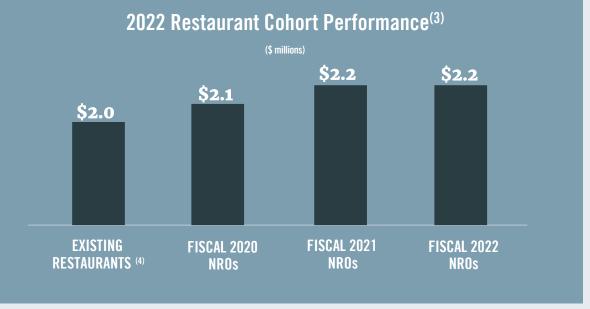


ATTRACTIVE NEW UNIT ECONOMICS IN A SIZE THAT WORKS EVERYWHERE

Our flexible box size of ~3,000–6,600 square feet with an average net build-out cost of ~\$0.9M-\$1.4M allows us to fit in any real estate and we can succeed in many markets







HISTORICAL DATA



Same-Restaurant Sales & Traffic Growth

		20	23				2022					2021		
	Q1	Q2	Q3	YTD Q3	Q1	Q2	Q3	Q4	FY	Q1	Q2	Q3	Q4	FY
Same-Restaurant Sales Growth	12.9%	7.8%	4.8%	8.5%	27.2%	13.4%	12.0%	7.7%	14.5%	14.1%	403.5%	46.2%	36.7%	63.0%
Same-Restaurant Traffic Growth (Decline)	5.1%	(1.2%)	(1.9%)	0.7%	21.9%	8.1%	3.7%	(0.6%)	7.7%	2.2%	360.9%	40.1%	31.9%	52.6%
Comparable Restaurant Base	328	327	327	327	305	304	303	301	301	270	270	270	269	269

Pre-opening Expenses**

(in thousands)																
		20	23				2	2022					2	021		
	Q1	Q2	Q3	YTD Q3	Q1	Q2		Q3	Q4	FY	Q1	Q2		Q3	Q4	FY
Other restaurant operating expenses	\$ 654	\$ 643	\$ 1,122	\$ 2,419	\$ 648	\$ 563	\$	813	\$ 1,301	\$ 3,325	\$ 724	\$ 649	\$	280	\$ 402	\$ 2,055
Occupancy expenses	\$ 382	\$ 609	\$ 913	\$ 1,904	\$ 337	\$ 531	\$	677	\$ 544	\$ 2,089	\$ 440	\$ 250	\$	230	\$ 335	\$ 1,255
Total Pre-opening expenses	\$ 1,036	\$ 1,252	\$ 2,035	\$ 4,323	\$ 985	\$ 1,094	\$	1,490	\$ 1,845	\$ 5,414	\$ 1,164	\$ 899	\$	510	\$ 737	\$ 3,310

^{**} Pre-opening expenses are presented in one line item on the Consolidated Statements of Operations and Comprehensive Income

NON-GAAP FINANCIAL MEASURES



Adjusted EBITDA and Adjusted EBITDA margin

Management uses Adjusted EBITDA and Adjusted EBITDA margin (i) as factors in evaluating management's performance when determining incentive compensation, (ii) to evaluate the Company's operating results and the effectiveness of our business strategies, (iii) internally as benchmarks to compare the Company's performance to that of its competitors and (iv) to provide investors with additional transparency of the Company's operations. The use of Adjusted EBITDA and Adjusted EBITDA margin as performance measures permit a comparative assessment of the Company's operating performance relative to the Company's performance based on the Company's GAAP results, while isolating the effects of some items that are either nonrecurring in nature or vary from period to period without any correlation to the Company's ongoing core operating performance.

The adjacent table reconciles Net income (loss) and Net income (loss) margin, the most directly comparable GAAP measures, to Adjusted EBITDA and Adjusted EBITDA margin, respectively, for the periods indicated.

	THIRTEEN WEE	EKS ENDED	THIRTY-NINE V	WEEKS ENDED	F	FISCAL YEAR	
(dollars in thousands)	September 24, 2023	September 25, 2022	September 24, 2023	September 25, 2022	2022	2021	2020
Net income (loss)	\$5,418	\$46	\$22,737	\$7,393	\$6,907	(\$2,107)	(\$49,681)
Depreciation and amortization	10,434	8,679	28,992	25,302	34,230	32,379	30,725
Interest expense	1,848	1,362	5,792	3,494	5,232	20,099	22,815
Income taxes	1,243	1,329	7,833	4,942	5,684	2,477	(19,873)
ЕВІТОА	18,943	11,416	65,354	41,131	52,053	52,848	(16,014)
Stock-based compensation (1)	1,764	2,719	5,386	7,821	10,374	8,596	750
Transaction expenses (income), net (2)	546	1,419	2,543	1,976	2,513	(1,156)	(258)
Strategic transition costs (3)	168	780	681	1,951	2,318	2,402	4,247
Delaware Voluntary Disclosure Agreement (4)	44	-	456	-	149	-	-
Insurance (proceeds) costs, in connection with natural disasters,net ⁽⁵⁾	(326)	-	(621)	-	115	-	-
Impairments and loss on disposal of assets (6)	185	338	618	572	920	381	315
Recruiting and relocation costs (7)	305	351	415	570	681	351	228
Severance costs (8)	-	-	26	155	155	265	239
Loss on extinguishment of debt	-	-	-		-	2,403	-
COVID-19 - related charges	<u> </u>	<u> </u>			<u> </u>	211	4,749
Adjusted EBITDA	\$21,629	\$17,023	\$74,858	\$54,176	\$69,278	\$66,301	(\$5,744)
Total revenues	\$219,212	\$186,852	\$646,918	\$544,417	\$730,162	\$601,193	\$342,388
Net income (loss) margin	2.5%	- %	3.5%	1.4%	0.9%	(0.4%)	(14.5%)
Adjusted EBITDA Margin	9.9%	9.1%	11.6%	10.0%	9.5%	11.0%	(1.7%)
Additional information							
Deferred rent expense (income) (9)	\$661	\$680	\$1,575	\$1,911	\$2,418	(\$2,011)	\$10,087

⁽¹⁾ Represents non-cash, stock-based compensation expense which is recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.

⁽²⁾ Represents costs incurred in connection with the secondary offerings by Advent International Corporation and the acquisition of certain franchise-owned restaurants.

⁽³⁾ Represents costs related to process improvements and strategic initiatives. These costs are recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.

⁽⁴⁾ Represents professional service costs incurred in connection with the Delaware Voluntary Disclosure Agreement Program related to unclaimed or abandoned property. These costs are recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income (5) (5) Represents insurance recoveries, net of costs incurred, in connection with Hurricane Ian, which were recorded in Other income, net on the Consolidated Statements of Operations and Comprehensive Income

⁽⁶⁾ Represents costs related to the disposal of assets due to retirements, replacements or certain restaurant closures. There were no impairments recognized during the periods presented.

⁽⁷⁾ Represents costs incurred for hiring qualified individuals. These costs are recorded within General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.

⁽⁸⁾ Severance costs are recorded in General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.

⁽⁹⁾ Represents the non-cash portion of straight-line rent expense recorded within both Occupancy expenses and General and administrative expenses on the Consolidated Statements of Operations and Comprehensive Income.

NON-GAAP FINANCIAL MEASURES



Restaurant level operating profit and Restaurant level operating profit margin

Restaurant level operating profit and Restaurant level operating profit margin are not indicative of our overall results, and because they exclude corporate-level expenses, do not accrue directly to the benefit of our stockholders. We will continue to incur such expenses in the future. Restaurant level operating profit and Restaurant level operating profit margin are important measures we use to evaluate the performance and profitability of each operating restaurant, individually and in the aggregate and to make decisions regarding future spending and other operational decisions. We believe that Restaurant level operating profit and Restaurant level operating profit margin provide useful information about our operating results, identify operational trends and allow for transparency with respect to key metrics used by us in our financial and operational decisionmaking.

The adjacent table reconciles Income (Loss) from operations and Income (Loss) from operations margin, the most directly comparable GAAP financial measures, to Restaurant level operating profit and Restaurant level operating profit margin, respectively, for the periods indicated.

	THIRTEEN WE	EEKS ENDED	THIRTY-NINE V	VEEKS ENDED		FISCAL YEAR	
(dollars in thousands)	September 24, 2023	September 25, 2022	September 24, 2023	September 25, 2022	2022	2021	2020
Income (Loss) from operations	\$7,738	\$2,621	\$34,412	\$15,434	\$16,913	\$22,243	(\$47,222)
Less: Franchise revenues	(3,717)	(2,874)	(10,868)	(8,088)	(10,981)	(8,850)	(4,955)
Add:							
General and administrative expenses	25,179	21,689	73,168	63,194	84,959	70,388	46,322
Depreciation and amortization	10,434	8,679	28,992	25,302	34,230	32,379	30,725
Transaction expenses (income), net (1)	546	1,419	2,543	1,976	2,513	(1,156)	(258)
Impairments and loss on disposal of assets (2)	185	338	618	572	920	381	315
Costs in connection with natural disasters	-	-	-	-	382	-	-
COVID-19 related charges (3)	-	-	-	-	-	19	3,309
Restaurant level operating profit	\$40,365	\$31,872	\$128,865	\$98,390	\$128,936	\$115,404	\$28,236
Restaurant sales	\$215,495	\$183,978	\$636,050	\$536,329	\$719,181	\$592,343	\$337,433
Income (Loss) from operations margin	3.6%	1.4%	5.4%	2.9%	2.4%	3.8%	(14.0%)
Restaurant level operating profit margin	18.7%	17.3%	20.3%	18.3%	17.9%	19.5%	8.4%
Additional information							
Deferred rent expense (income) (4)	\$611	\$631	\$1,425	\$1,762	\$2,219	(\$2,075)	\$10,029

⁽¹⁾ Represents costs incurred in connection with the secondary offerings by Advent International Corporation and the acquisition of certain franchise-owned restaurants.

⁽²⁾ Represents costs related to the disposal of assets due to retirements, replacements or certain restaurant closures. There were no impairments recognized during the periods presented.

⁽³⁾ Represents the non-cash portion of straight-line rent expense recorded within Occupancy expenses on the Consolidated Statements of Operations and Comprehensive Income.

DEFINITIONS



The following definitions apply to these terms as used in this presentation:

Adjusted EBITDA: a non-GAAP financial measure, is defined as net income (loss) before depreciation and amortization, interest expense, income taxes and items that the Company does not consider in the evaluation of its ongoing core operating performance.

Adjusted EBITDA margin: a non-GAAP financial measure, is defined as Adjusted EBITDA as a percentage of total revenues.

Average Unit Volume: the total restaurant sales (excluding gift card breakage) recognized in the comparable restaurant base, which is defined as the number of company-owned First Watch branded restaurants open for 18 months or longer as of the beginning of the fiscal year ("Comparable Restaurant Base"), divided by the number of restaurants in the Comparable Restaurant Base during the period. This measurement allows management to assess changes in consumer spending patterns at our restaurants and the overall performance of our restaurant base.

Restaurant level operating profit: a non-GAAP financial measure, is defined as restaurant sales, less restaurant operating expenses, which include food and beverage costs, labor and other related expenses, other restaurant operating expenses, pre-opening expenses and occupancy expenses. Restaurant level operating profit excludes corporate-level expenses and items that are not considered in the Company's evaluation of its ongoing core operating performance.

Restaurant level operating profit margin: a non-GAAP financial measure, is defined as Restaurant level operating profit as a percentage of restaurant sales.

Same-restaurant sales growth: the percentage change in year-over-year restaurant sales (excluding gift card breakage) for the Comparable Restaurant Base.

Same-restaurant traffic growth: the percentage change in traffic counts as compared to the same period in the prior year using the Comparable Restaurant Base.

System-wide restaurants: the total number of restaurants, including all company-owned and franchise-owned restaurants.

System-wide sales: consists of restaurant sales from our company-owned restaurants and franchise-owned restaurants. We do not recognize the restaurant sales from our franchise-owned restaurants as revenue.

