UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

November 15, 2023

Date of Report (date of earliest event reported)

First Watch Restaurant Group, Inc.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation or organization) 001-40866 (Commission File Number) 82-4271369 (I.R.S. Employer Identification Number)

8725 Pendery Place, Suite 201, Bradenton, FL 34201 (Address of principal executive offices and zip code)

(941) 907-9800 (Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written cor	nmunications	pursuant	to Rule	e 425	under	tne	Securit	ies Act	(17 C	FR 230	.425)
				~		-					

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

<u>Title of each class</u>

Common stock, \$0.01 par value

Trading Symbol

FWRG

Name of each exchange on which registered
The Nasdaq Stock Market LLC
(Nasdaq Global Select Market)

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 12b-2 of the Exchange Act.

Emerging growth company $\ oxtimes$

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If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \boxtimes

Item 7.01 - Regulation FD Disclosure.

On November 15, 2023, First Watch Restaurant Group, Inc. (the "Company") posted an investor presentation to its website at https://investors.firstwatch.com (the "Investor Presentation"). A copy of the Investor Presentation is attached as Exhibit 99.1. The Company expects to use the Investor Presentation in connection with presentations over the next several weeks to investors and analysts.

The information furnished under Item 7.01 of this Current Report on Form 8-K, including Exhibit 99.1, shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, and shall not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, whether made before or after the date of this Current Report, regardless of any general incorporation language in the filing.

Item 9.01 - Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No. Exhibit Title or Description

99.1 <u>Investor presentation dated November 15, 2023</u>

104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

First Watch Restaurant Group, Inc. (Registrant)

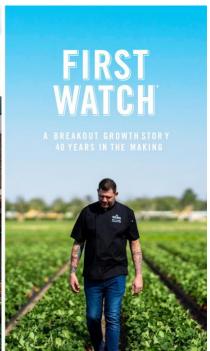
/s/ Jay Wolszczak Jay Wolszczak Date: November 15, 2023 By:

Name:

Title: Chief Legal Officer, General Counsel and Secretary







CAUTIONARY NOTE ON FORWARD-LOOKING STATEMENTS AND NON-GAAP FINANCIAL MEASURES



Forward-Looking Statements

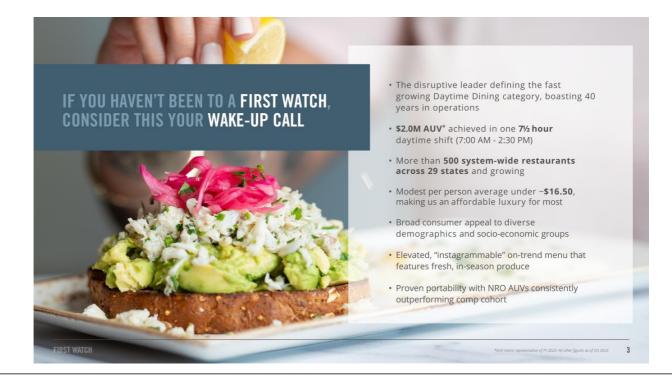
In addition to historical information, this presentation may contain a number of "forward-looking statements" as defined in the Private Securities Litigation Reform Act of 1995, which are subject to known and unknown risk, normal content of the program of the p

Non-GAAP Financial Measures (Unaudited)

Non-GAAP Financial Measures (Unaudited)

To supplement the consolidated financial statements, which are prepared in accordance with accounting principles generally accepted in the United States of America ("GAAP"), we use the following non-GAAP measures, which present operating results on an adjusted basis: (i) Adjusted EBITDA, (ii) Adjusted EBITDA margin, (iii) Restaurant level operating profit and (iv) Restaurant level operating profit and profit margin. Our presentation of these non-GAAP measures includes isolating the effects of some interns that are either nonrecurring in nature or vany from period to prorelation to our ongoing core period period profit margin. Our presentation of these non-GAAP measures provide investors with additional visibility into our operating performance. These supplemental measures our orngoing operating performance have the substitute of the profit of performance are not required by or presented in accordance with GAAP. Management believes these non-GAAP measures provide investors with additional visibility into our operations, facilitate analysis and comparisons of our orngoing operating performance, help to identify operational trends and allow for greater transparency with respect to key measures should obe from the profit of the profi

This presentation does not constitute an offer to sell or a solicitation of an offer to buy any securities





BREAKFAST IS





THE ALL DAY CAFE IS CHANGING THE GAME AND BRINGING EXCITEMENT TO A GROWING DAYPART

- Operating exclusively during daytime
- Inspired, chef-driven menu
- Legacy players have not evolved with consumer preferences and tastes
- Younger generations are more discerning and health focused, demanding more from brands
- Highly fragmented competitive set



HEALTH & FRESHNESS







FIRST WATCH

FIRST WATCH IS THE LEADER

A PROVEN, WINNING DAYTIME DINING FORMULA FUELED BY FRESHNESS & INNOVATION

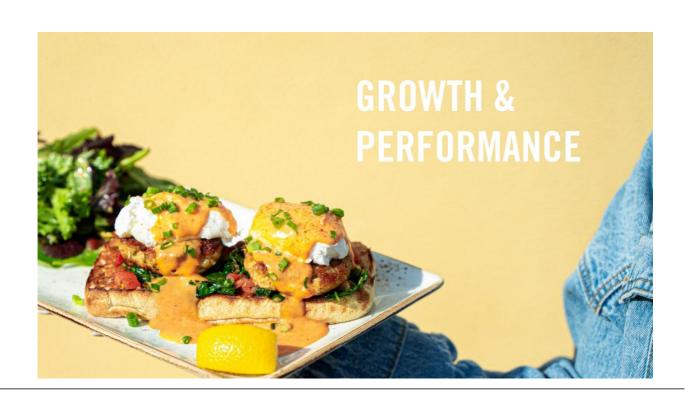




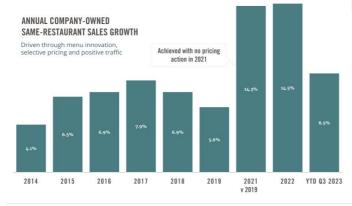
- "Follow the Sun" approach Fresh produce
- Fresh produce deliveries 3 - 4x per week
- Seasonal items & expanding menu platforms
- Familiar classics
 elevated
- Craveable & photo-worthy

FIRST WATCH

ource: Company websites, on or around end of Q3 202



PROVEN ABILITY TO CONSISTENTLY DRIVE SAME-RESTAURANT SALES



SAME-RESTAURANT SALES GROWTH DRIVERS

- On-trend evolving menu ensures relevancy and newness
- Great customer experiences drive frequency
- Apply targeted marketing to increase awareness
- Prior to 2020, modest average pricing of 2-3% annually to offset cost increases, with no price taken in 2021

FIRST WATCH



ATTRACTIVE NEW UNIT ECONOMICS THAT WORK EVERYWHERE

Our flexible box size of ~3,000–6,600 square feet with a net build-out cost of ~\$0.9M-\$1.4M allows us to fit in any real estate and we can succeed in many markets







IRST WATCH | (1) Important of our longs 3 year new win performance, which is composable to the historical 3 year engineering of our new resources. (2) Cub-no-Cub Remun sufficed an Relationate Leed Deposing Refu electioning gift and in serving an election of the feet of a registering to a new resources, and the composable and the serving an

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WE ARE EXCEEDING THE LONG-TERM PERFORMANCE TARGETS WE IDENTIFIED AT THE IPO UNIT GROWTH LOW DOUBLE DIGITS SAME-RESTAURANT Sales Growth SYSTEM-WIDE SALES GROWTH (1) ADJ. EBITDA GROWTH MID-TEENS

LIK21 MAICE

Note: There are not projections; they are good-targets and any Enward-bioling, subject to significant business, economic, regulatory and competitive uncertainties and contingencies, many of which are beyond the control of the Company and its management and are based upon assumptions with respect to future decisions, which are subject to draws, Assum for a significant business, and the significant business are also as the control of the Company and its management and are because the significant business. The control of the Company and its management and are because the significant business. The control of the Company and its management and are because the significant business. The control of the Company and its management and are because the significant business. The control of the Company and its management and are because the control of the Registration is the Company and its management and are because the control of the Registration is the Company and its management and are because the control of the Registration is the Company and its management and are because the control of the Registration is the Company and its management and are because and are because the control of the Company and its management and are because the control of the Registration is the Company and its management and are because and the Registration is the Company and its management and are because and the Registration is the Company and its management and are because and the Registration is the Registration is the Company and the Registration is the Registration in the Registration is the Registration in the Registration is the Registration and the Registration is the Registration in the Registration is the Registration in









COMFORTING & FAMILIAR MENU MEETS INTRIGUE & INNOVATION

- Familar forms with seasonal flavors
- Early trend identification
- Five seasonal menu changes per year



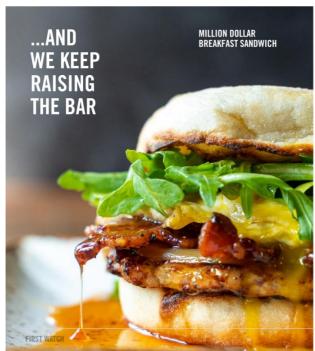








- Track record of establishing partnerships with the best makers, bakers and growers
- Menu rotates every 10 weeks to reflect the season and ensure ongoing relevancy
- Focus is on quality and freshness







SHAREABLES CREATE ADD-ON OPPORTUNITIES

- Capitalizes on the social nature of breakfast
- opportunity to test pricing with menu mix as high as 9.2% of customers
- Q3 2023 vs. 1.9% in 2017
 Shareables instead of appetizers or

CRAFTED COCKTAILS

(REALLY GOOD MORNINGS)

- ~88% of system rolled out
- Highly incremental and margin accretive to all other beverages including fresh juice
- Accounts for 6% of dine-in customers at serving restaurants
- Presents continued innovation opportunity
- No physical bar needed for alcohol roll-out

Enhances the brunch occasion, creating additional opportunity to attract younger demographics

WE HAVE A LOT OF DEMAND AND WE ARE FOCUSED ON SERVING IT

- Waits can range up to 90 minutes during peak periods, signifying unmet demand
- We have identified significant technology and operational initiatives within our four walls to help us actualize this opportunity

RILE SPECIALIZATION

Specialized roles to boost efficiency and throughput: dedicated expeditor & beverage lead

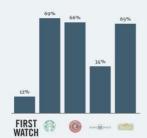
Opportunity to reduce ticket times and points of friction, simplifies back of house

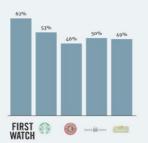
Opportunity to decrease table time and meeting customers where they are meeting customers where they are observed to average restaurant party size & increase seat utilization

Opportunity to increase front of house efficiency and lower wait abandorment

THE GROWTH OPPORTUNITY IS CLEAR

AIDED AWARENESS VS. GUEST SATISFACTION

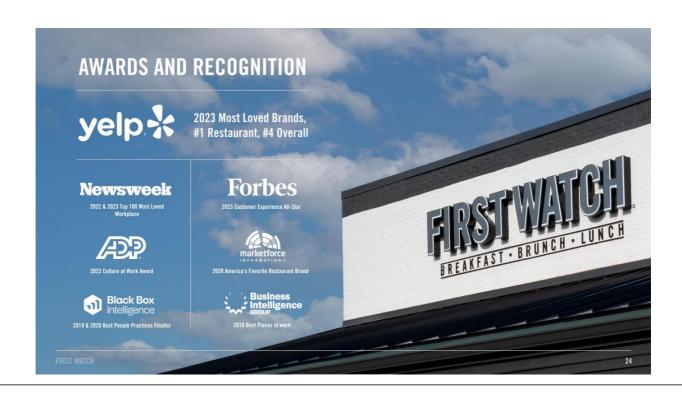




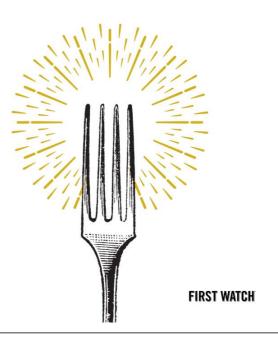


FIRST WATCH

te: All figures are sourced from Technomic for the full 2022 year. Awareness is calculated as the % of respondents who are familiar with the brand among a list of 40 random chains. Guest satisfaction survey question: On a Scale of 1 to 7 where 1 = "N



APPENDIX



HISTORICAL DATA



Same-Restaurant Sales & Traffic Growth

	2023						2022		2021						
_	Q1	Q2	Q3	YTD Q3	Q1	Q2	Q3	Q4	FY	Q1	Q2	Q3	Q4	FY	
Same-Restaurant Sales Growth	12.9%	7.8%	4.8%	8.5%	27.2%	13.4%	12.0%	7.7%	14.5%	14.1%	403.5%	46.2%	36.7%	63.0%	
Same-Restaurant Traffic Growth (Decline)	5.1%	(1.2%)	(1.9%)	0.7%	21.9%	8.1%	3.7%	(0.6%)	7.7%	2.2%	360.9%	40.1%	31.9%	52.6%	
Comparable Restaurant Base	328	327	327	327	305	304	303	301	301	270	270	270	269	269	

Pre-opening Expenses*

Te-opering Expenses																		 	
(in thousands)																			
2 3		20	23			50			2	022			02			2	2021		
	Q1	Q2	Q3		YTD Q3	22	Q1	 Q2		Q3	Q4	FY		Q1	Q2		Q3	Q4	FY
Other restaurant operating expenses	\$ 654	\$ 643	\$ 1,1	22	\$ 2,419	\$	648	\$ 563	\$	813	\$ 1,301	\$ 3,325	\$	724	\$ 649	\$	280	\$ 402	\$ 2,055
Occupancy expenses	\$ 382	\$ 609	\$ 9	13	\$ 1,904	\$	337	\$ 531	\$	677	\$ 544	\$ 2,089	\$	440	\$ 250	\$	230	\$ 335	\$ 1,255
Total Pre-opening expenses	\$ 1,036	\$ 1,252	\$ 2,0	35	\$ 4,323	\$	985	\$ 1,094	\$	1,490	\$ 1,845	\$ 5,414	\$	1,164	\$ 899	\$	510	\$ 737	\$ 3,310

^{*} Pre-opening expenses are presented in one line item on the Consolidated Statements of Operations and Comprehensive Incom

NON-GAAP FINANCIAL MEASURES



Adjusted EBITDA and Adjusted EBITDA margin

Adjusted EBITDA and Adjusted EBITDA margin

Management uses Adjusted EBITDA and Adjusted

EBITDA margin (i) as factors in evaluating

managements performance when determining
incentive compensation, (ii) to evaluate the
Company's operating results and the effectiveness of
our business strategies, (iii) internally as benchmarks
to compare the Company's performance to that of its
competitors and (iv) to provide investors with
additional transparency of the Company's operations.
The use of Adjusted EBITDA and Adjusted EBITDA
margin as performance measures permit a
comparative assessment of the Company's performance
based on the Company's GAAP results, while isolating
the effects of some items that are either nonrecurring
in nature or vary from period to period without any
correlation to the Company's ongoing core operating
performance.

The adjacent table reconciles Net income (loss) and Net income (loss) margin, the most directly comparable GAAP measures, to Adjusted EBITDA and Adjusted EBITDA margin, respectively, for the periods indicated.

	THIRTEEN WEE	KS ENDED	THIRTY-NINE V	WEEKS ENDED	FISCAL YEAR			
(dollars in thousands)	September 24, 2023	September 25, 2022	September 24, 2023	September 25, 2022	2022	2021	2020	
Net income (loss)	\$5,418	\$46	\$22,737	\$7,393	\$6,907	(\$2,107)	(\$49,681)	
Depreciation and amortization	10,434	8,679	28,992	25,302	34,230	32,379	30,725	
Interest expense	1,848	1,362	5,792	3,494	5,232	20,099	22,81	
Income taxes	1,243	1,329	7,833	4,942	5,684	2,477	(19,873	
EBITDA	18,943	11,416	65,354	41,131	52,053	52,848	(16,014)	
Stock-based compensation (1)	1,764	2,719	5,386	7,821	10,374	8,596	750	
Transaction expenses (income), net (2)	546	1,419	2,543	1,976	2,513	(1,156)	(258)	
Strategic transition costs (3)	168	780	681	1,951	2,318	2,402	4,247	
Delaware Voluntary Disclosure Agreement (4)	44	-	456		149	- 1		
Insurance (proceeds) costs, in connection with natural disasters,net (5)	(326)		(621)		115	*		
Impairments and loss on disposal of assets (5)	185	338	618	572	920	381	315	
Recruiting and relocation costs (7)	305	351	415	570	681	351	228	
Severance costs (8)			26	155	155	265	239	
Loss on extinguishment of debt	-					2,403		
COVID-19 - related charges						211	4,749	
Adjusted EBITDA	\$21,629	\$17,023	\$74,858	\$54,176	\$69,278	\$66,301	(\$5,744	
Total revenues	\$219,212	\$186,852	\$646,918	\$544,417	\$730,162	\$601,193	\$342,38	
Net income (loss) margin	2.5%	- 96	3.5%	1.4%	0.9%	(0.496)	(14.5%	
Adjusted EBITDA Margin	9.9%	9.1%	11.6%	10.0%	9.5%	11.0%	(1.7%	
Additional information								
Deferred rent expense (income) (9)	\$661	\$680	\$1,575	\$1,911	\$2,418	(\$2,011)	\$10,08	

NON-GAAP FINANCIAL MEASURES



Restaurant level operating profit and Restaurant level operating profit margin

Restaurant level operating profit margin

Restaurant level operating profit and Restaurant level operating profit margin are not indicative of our overall results, and because they exclude corporate-level expenses, do not accrue directly to the benefit of our stockholders. We will continue to incur such expenses in the future. Restaurant level operating profit and Restaurant level operating profit and mare important measures we use to evaluate the performance and profitability of each operating restaurant, individually and in the aggregate and to make decisions regarding future spending and other operational decisions. We believe that Restaurant level operating profit and Restaurant level operating profit and Restaurant level operating profit margin provide useful information about our operating results, identify operational trends and allow for transparency with respect to key metrics used by us in our financial and operational decision-making.

The adjacent table reconciles Income (Loss) from operations and Income (Loss) from operations margin, the most directly comparable GAAP financial measures, to Restaurant level operating profit and Restaurant level operating profit margin, respectively, for the periods indicated.

	THIRTEEN WE	EEKS ENDED	THIRTY-NINE V	VEEKS ENDED	FISCAL YEAR				
(dollars in thousands)	September 24, 2023	September 25, 2022	September 24, 2023	September 25, 2022	2022	2021	2020		
Income (Loss) from operations	\$7,738	\$2,621	\$34,412	\$15,434	\$16,913	\$22,243	(\$47,222		
Less: Franchise revenues	(3,717)	(2,874)	(10,868)	(880,8)	(10,981)	(8,850)	(4,955		
Add:									
General and administrative expenses	25,179	21,689	73,168	63,194	84,959	70,388	46,32		
Depreciation and amortization	10,434	8,679	28,992	25,302	34,230	32,379	30,72		
Transaction expenses (income), net (1)	546	1,419	2,543	1,976	2,513	(1,156)	(258		
Impairments and loss on disposal of assets (2)	185	338	618	572	920	381	31		
Costs in connection with natural disasters		37		5	382				
COVID-19 related charges (3)	-				-	19	3,30		
Restaurant level operating profit	\$40,365	\$31,872	\$128,865	\$98,390	\$128,936	\$115,404	\$28,23		
Restaurant sales	\$215,495	\$183,978	\$636,050	\$536,329	\$719,181	\$592,343	\$337,43		
Income (Loss) from operations margin	3.6%	1.4%	5.4%	2.9%	2.4%	3.8%	(14.0%		
Restaurant level operating profit margin	18.7%	17.3%	20.3%	18.3%	17.9%	19.5%	8.49		
Additional information									
Deferred rent expense (income) (4)	\$611	\$631	\$1,425	\$1,762	\$2,219	(\$2,075)	\$10,02		

⁽¹⁾ Represents costs incurred in connection with the secondary offerings by Advent International Corporation and the acquisition of certain franchise-owned restaurants.
(2) Represents costs related to the disposal of assets due to retirements, replacements or certain restaurant closures. There were no impairments recognized during the periods presented.

DEFINITIONS



The following definitions apply to these terms as used in this presentation:

Adjusted EBITDA: a non-GAAP financial measure, is defined as net income (loss) before depreciation and amortization, interest expense, income taxes and items that the Company does not consider in the evaluation of its ongoing core operating performance.

Adjusted EBITDA margin: a non-GAAP financial measure, is defined as Adjusted EBITDA as a percentage of total revenues.

Average Unit Volume: the total restaurant sales (excluding gift card breakage) recognized in the comparable restaurant base, which is defined as the number of company-owned First Watch branded restaurants open for 18 months or longer as of the beginning of the fiscal year ("Comparable Restaurant Base"), divided by the number of restaurants in the Comparable Restaurant Base during the period. This measurement allows management to assess changes in consumer spending patterns at our restaurants and the overall performance of our restaurant base.

Restaurant level operating profit: a non-GAAP financial measure, is defined as restaurant sales, less restaurant operating expenses, which include food and beverage costs, labor and other related expenses, other restaurant operating expenses, pre-opening expenses and occupancy expenses. Restaurant level operating profit excludes corporate-level expenses and items that are not considered in the Company's evaluation of its ongoing core operating performance.

Restaurant level operating profit margin: a non-GAAP financial measure, is defined as Restaurant level operating profit as a percentage of restaurant sales.

Same-restaurant sales growth: the percentage change in year-over-year restaurant sales (excluding gift card breakage) for the Comparable Restaurant Base.

Same-restaurant traffic growth: the percentage change in traffic counts as compared to the same period in the prior year using the Comparable Restaurant Base.

System-wide restaurants: the total number of restaurants, including all company-owned and franchise-owned restaurants.

System-wide sales: consists of restaurant sales from our company-owned restaurants and franchise-owned restaurants. We do not recognize the restaurant sales from our franchise-owned restaurants as revenue.

FIRST WATCH

BREAKFAST · BRUNCH · LUNCH

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