FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number 3235-0104 Estimated average burden

hours per response

0.5

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

				or	Section 30(r	n) of the Inv	vestment Company Act of 1940						
1. Name and Address of Reporting Person* Eisenacher Matthew				2. Date of Event Requiring Statement (Month/Day/Year) 08/07/2023		3. Issuer Name and Ticker or Trading Symbol <u>First Watch Restaurant Group, Inc.</u> [FWRG]							
(Last) 8725 PENDERY STE. 201 (Street)	725 PENDERY PLACE TE. 201			000072020			onship of Reporting Person(s) te all applicable) Director Officer (give title below) Chief Brand (:	10% Owner Other (specify below)		5. If Amendment, Date of Original Filed (Month/Day/Year)		
BRADENTON (City)	FL (State)	34201 (Zip)								6.1	X Form filed by C	oup Filing (Check Applicable Line) One Reporting Person More than One Reporting Person	
Table I - Non-Derivative Securities Beneficially Owned													
1. Title of Security (Instr. 4)							Amount of Securities Beneficially vned (Instr. 4) 3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)			4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock						16,108 ⁽¹⁾		D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)													
1. Title of Derivative Security (Instr. 4)				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underly Security (Instr. 4)		derlying	Derivative	4. Conversion or Exercise Price of	5. Ownership Form: Direct (D) or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
				Date Exercisable	Expiration Date	Title			Amount or Number of Shares	Derivative Security	(Instr. 5)		
Stock Option (right	nt to buy)			(2)	04/24/2029		Common Stock		78,920	12.68	D		
Stock Option (right	nt to buy)			(3)	04/01/2030		Common Stock		26,772	13.52	D		
Stock Option (right to buy)				(4)	03/25/2032		Common Stock		43,290	12.58	D		

Explanation of Responses:

1. Represents restricted stock units which vest in three equal annual installments beginning on March 9, 2024, subject to earlier forfeiture or acceleration.

2. Represents stock options awarded on 4/24/2019, pursuant to the Issuer's 2017 Omnibus Equity Incentive Plan (the "2017 Plan"). Unvested stock options vest in installments as follows: (a) 9,471 options on April 24, 2024; and (b) 10,523 options on each of the second anniversary of the closing of the Issuer's initial public offering ("IPO") and on the 273rd day following the second anniversary of the closing of the IPO, subject to earlier forfeiture or acceleration.

3. Represents stock options awarded on 3/25/2022, pursuant to the Issuer's 2021 Equity Incentive Plan. Unvested options vest in installments as follows: 3,213 options on each of April 1, 2024 and April 1, 2025; and (b) 3,570 options on each of the second anniversary of the closing of the IPO and on the 273rd day following the second anniversary of the closing of the IPO. subject to earlier forfeiture or acceleration.

Remarks:

EXHIBIT LIST: EX-24 Eisenacher.POA

/s/ Jay Wolszczak, Attorney-in-Fact for 08/10/2023 Matthew Eisenacher ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints Jay Wolszczak, Jody Gale and Christine Hermann of First

1. prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SE

2. execute for and on behalf of the undersigned with respect to the Company, Schedules 13D and 13G and Forms 3, 4, and 5 in accordance with Secti

do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Sche

4.

Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefi The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whats This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 31st day of July, 2023.

/s/ Matthew Eisenacher

Name: Matthew Eisenacher

O[Signature Page to Power of Attorney (Section 16)]

WEIL:\98101449\1\40590.0003

WEIL:\98101449\1\40590.0003